

SJV1411 INFOSHEET

TAKING CARE OF AUTISTIC CHILDREN AT PHUC TUE CENTRE



CODE NUMBER AND TIME

SJV1411 10/06/2014 - 21/06/2014

WELCOME WORDS FROM CAMP LEADER

Dear volunteers,

Firstly, it is a great honor for me to be able to welcome you here in Vietnam. I would like to express how happy I feel to have the opportunity to manage and meet a group of people like you who have travelled from different countries. I believe we can do our best to utilize an environmentally conscious attitude, bring a smile to the children of the reserve, and become closer by working together on this project.

Welcome to Vietnam, I am sure you will be inspired by the country, the local people and, Vietnamese food. Finally, I would like to thank you for your interest in volunteering in Vietnam. We respect you and your kindness. I look forward to meeting you in Vietnam.

Do Minh Duc

Tong Quang Nam

Workcamp Coordinators

LOCATION OF THE PROJECT

The Working place is: Phuc Tue Center, Thach Cau-Q. Long Bien, Hanoi, Vietnam

Google map's link: <http://goo.gl/maps/Gq0K>

BACKGROUND OF PHUC TUE CENTER



Phuc Tue Center was established on June 1st, 2001 according the decision No 02/2001/QD under the relief Association for the disabled children

The mission of Phuc Tue Center is to help disabled children become more independent in their everyday life by building their self-confidence. At the centre we aim to help educate and improve mental health, as well as provide development and vocational skills training to help integrate these individuals back into employment. This not only allows these individuals to feel independent in their everyday life but this will also lessen the potential burden on the family and society.

Currently, the centre has 80 disabled children with ailments including Down's syndrome, Cerebral Palsy, Autism, children who have been victims of Agent Orange, as well as other mental illnesses. The Centre has applied the specific education measures which are suited for each individual and has used psychotherapy methods in attempts to rehabilitate the mentally disabled. Some of the children are treated with medicine while others are not.

Due to the collaborative relationships between teachers, psychologists, doctors, administrative staff, domestic and international volunteers, as well as the families, one third of the children have remarkably improved. Many of them move on to attend school or work, and become integrated into their communities. With limited infrastructure and finances, the centre relies on volunteers, individuals and organizations' generosity for charity.

ROLES AND TASKS

Volunteers will:

- Take care of children
- Prepare lunch for the group
- Gardening
- Other tasks depending on the requirements of the centre



DAILY LIFE

Accommodation:

Volunteers will have simple accommodation at the volunteers' room in our office.

Google map's link of SJ Vietnam office: <http://g.co/maps/84hn5>

Food:

Breakfast and dinner are provided for the volunteers each day at their accommodation while lunch will be provided by the cooking team of the Phuc Tue Centre. Vietnamese food consists of many varieties and flavors, but if you have any special dietary needs please inform us in advance.

Daily transportation:

All volunteers will go by public bus from the accommodation to the workplace. It takes about one hour by public bus to Phuc Tue center.

Days off and holidays:

You will have free time during the evenings and the weekends to spend as you please. During those free moments you can travel to discover further wonders of Vietnam! Located in northern Vietnam, Hanoi is the capital of the country with a population of 7 million. The city is a thousand years old and follows the banks of the Red River. Hanoi has many colorful districts including the French styled Old Quarter near Hoan Kiem lake, the modern New Quarter, and the more touristy Tay Ho area.

To find out more about Hanoi, you can refer to [Lonely planet Hanoi's link](#).

SPECIAL CONDITIONS AND RESPONSIBILITIES

- Ability to do manual work.
- Willing to work and stay in Hanoi
- Strong inter-personal skills, and experience in working with a wide variety of people, cultural sensitivity.
- Commitment to volunteerism
- High motivation and come ready to live as the locals do (basic accommodations, transport by bus or bicycle, local food). Be ready to face many difficulties such as language barriers, culture differences, low budgets, etc.
- Be patient and emmpathetic with the disabled children

WHAT TO BRING:

- ✦ A raincoat

- ⤴ Cap
- ⤴ One long sleeve shirt
- ⤴ Water-proof clothes and shoes
- ⤴ Sleeping bag
- ⤴ Pillow
- ⤴ Mosquito spray
- ⤴ Mosquito net
- ⤴ Basic pharmacy kit
- ⤴ Pictures of your hometown and family
- ⤴ Games, objects or food from your country
- ⤴ Craft materials for your project, if possible
- ⤴ Copy of your passport
- ⤴ Presents for the children



In Hanoi there are four seasons: spring, summer, autumn, and winter. But it is possible to divide the climate into two main seasons: the rainy season from May to September (it's hot, heavy rain), and the dry season is from October to April (it is cold, little rainfall). Please bring clothes according to the season.

MEETING TIME AND MEETING POINT

Meeting time: 9:00 AM the first day of workcamp

Meeting point: Suit 903 - Building N01 - 282 Linh Nam - Vinh Hung ward - Hoang Mai district - Hanoi. Please inform the work camp coordinator if you arrive late.

This is the Google map's link of our office: <http://g.co/maps/84hn5>

HOW TO GET TO MEETING POINT

SJ Vietnam can arrange a taxi to pick you up at Noi Bai airport and bring you our office. There will be a taxi driver **at the entrance gate** of the Noi Bai airport with a **board with "your name"** on it. Normally the taxi fare is around 20 USD (400,000 VND) to come to our office.

For those of you who can come earlier, please follow the instruction:

If you come to Hanoi early, you can stay at a backpackers' hostel for a price of from 5-10 USD/person/per night or a hotel from 15-30 USD/room/night.

Hostel: <http://www.hanoiyouthhostel.com>

Hotel: <http://www.joyjourneyhotel.com>

***From Noi Bai Airport to Hanoi Center(about 30 km):**

1.1 By taxi: This is the most convenient way if you have bulky luggage and it takes 45 minutes or 60 minutes depending on traffic. Taxi price: around 18 USD. (There are 6 taxi companies that can legally work at Noi Bai airport which you can see at the taxi desks near the luggage belts where you pick up your bags). They have a fixed rate of 360,000 VND (18 USD) to go to the city center.



*Noi Bai
airport
taxi*



Total journey costs 17 USD

1.2. By public bus: Only available after 6.30 AM and before 6 PM. It is quite complicated and takes around 2 hours to reach to city center.

- When you get out of the airport, find the white electrical bus, which runs to the bus station (around 3 minutes). It costs 5000 VND (around 0.4 USD)



Electric bus at Noi Bai airport



Public bus in Ha Noi

Then take the bus numbered 17 (all public buses in Hanoi are red and yellow) to the last stop (Long Bien station). It is around 15,000 VND (around 0.7 USD) (sometimes you will be charged more for your luggage)

- Then please take a taxi to your hotel which is 2-3 km more. Taxi costs 11,000-18,000 VND/km (it costs around 50,000-60,000 VND until reaching your hotel)
- Please use the Mai Linh taxi company which is a green colour or green and white color (see the picture below). Otherwise there is a high possibility you will get overcharged.



Total journey costs around 4 USD

1.3. By minibus: When you get out of the airport, turn right and cross the lane to find the minibus (12-seats bus) (35,000 VND, around \$1.7 USD), which only stops at the center of Ha Noi and takes around 1 hour.

Then take a taxi, which costs around 50000 VND (3 USD). (Take Mai Linh taxi only) and show the driver your address.



Total journey costs 5 USD

➔ We recommend you to take the taxi from the airport if you go in a group because it's less complicated and the safest to get to our office without any trouble.

When you get off the taxi:

1. Address: room 903, N1 Building, 282 Linh Nam street, Hoang Mai district, Hanoi.



2. The opposite side of the building is a petrol station.



3. You will see Argi bank office on 1st floor of N1 building



4. Please turn right and go to the back of the building; you will see the entrance gate.



5. Congratulation, you are in front of the entrance gate now

6. Go to the 9th floor and knock at the door: *Welcome to SJ Vietnam!!* 😊



In case of an emergency or you need assistance please contact our coordinators

Mr. Duc: +84 (0) 984150584

Mr. Nam +84 (0) 965640571

Our Office: +84 (0) 4362845535

FINANCIAL MANAGEMENT AND CONDITION

The total fee is 5,000,000VND/participant which includes transportation to and from the project site, food, basic accommodation and materials for the work camp. This fee will be paid upon arrival at the work camp on the first day. Participation fees enable SJ Vietnam to take care of you during your stay and to fund their projects. Volunteers' activities in the evenings or on the weekends are their own expense.

Following is the address to transfer fee:

Account name: SJ Vietnam

Account number: 4054928

Address: ANZ Hanoi Branch

No 14, Le Thai To Street, Hanoi, Vietnam

Swift: ANZBVNVX

Telephone: +84 438258190

Fax: +84 438258190

CONTACT

SJ Vietnam office:

[Suit 903 - Building N01 - 282 Linh Nam - Vinh Hung ward - Hoang Mai district - Hanoi.](#)

Tel: + 84.4.62845535/+ 84.4.22154993

Fax: + 84.4.62845535

Work camp coordinator: Mr. Do Minh Duc/ Mr. Tong Quang Nam

Tel: +84.984 150584/ +84 965 640571

workcamp@sjvietnam.org

Feel free to contact us anytime if you want more information. We look forward to meeting you soon in Vietnam.

