



## CIVS WORKCAMP PROGRAMME 2016

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## CIVS/STV-03/2016 – KYALE SMALL HOME

### WORKCAMP SUMMARY

<b>Project Name:</b>	Kyale Small Home
<b>Project Location:</b>	Makueni County of Kenya
<b>Orientation date:</b>	05 <sup>th</sup> March 2016 from 10:00 am
<b>Start and End dates:</b>	06 <sup>th</sup> March – 24 <sup>th</sup> March 2016
<b>Safari dates:</b>	02 <sup>nd</sup> March – 04 <sup>th</sup> March 2016
<b>Theme:</b>	Supporting the physically challenged children
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Volunteer in Makueni County in Eastern Kenya and work with physically handicapped children in Kyale Small Home. The institution consists of a school and a home, which were built in 1994. A Primary School and Catholic Church surround this home, which currently houses 20 children. These kids are boys and girls aged between 10 to 19. These children have suffered accidents, handicaps from or during birth, snakebites and polio, among other disabilities.

Kikamba is the native language and farming is one of the staples for a profession with local individuals growing vegetables, bananas, sweet potatoes, coffee, beans, maize, and tending to livestock and poultry. You can view Africa's highest mountain, Mt. Kilimanjaro, from the home and you can experience the traditional Akamba homes built by the Kamba people.

### PROJECT THEME

The theme of this project is to make a difference in the life of children and young adults with special needs and disabilities in order to be self-reliant and easily integrated into the main stream of life without fear of stigmatization.

### WORKCAMP ACTIVITIES

- Teaching activities in various subjects (mathematics, English, debates etc)
- Care giving services, including: washing, cooking, serving, feeding and cleaning
- Organizing extra-curricular activities like sports for the children
- Farmwork

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION & SITES OF INTEREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. In this workcamp, volunteers can visit Machakos town, which is about 1 hour drive from the project.

### CAMPFEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 02<sup>nd</sup> – 04<sup>th</sup> March 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

## WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.

## CIVS/STV-04/2016 – HOPELINK DEVELOPMENT PROJECT

### WORKCAMP SUMMARY

<b>Project Name:</b>	Hopelink Development Project
<b>Project Location:</b>	Rusinga East Location, Mbita Constituency, Homabay County
<b>Orientation date:</b>	9 <sup>th</sup> April 2016 from 10:00 am
<b>Start and End dates:</b>	10 <sup>th</sup> April - 27 <sup>th</sup> April 2016
<b>Safari dates:</b>	06 <sup>th</sup> April - 08 <sup>th</sup> April 2016
<b>Theme:</b>	Caring for the welfare of the children and marginalized community thus fostering community development
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

HOPE LINK, a non -profit registered as CBO is community initiative project, formed to link the community with other players in order to address the challenges facing the local community in Rusinga East, Homabay county of Kenya. The mission of this organisation is the concern of the well being of children, women, widows, widowers, men and youths who are disadvantage due to economic, social, culture background in the society to have a healthy and transformed and interactive community. The group is involved in the following activities

- Dissemination of the information to the community through dialogue, forums, workshops, road show demonstrations, outreaches.
- Advocacy on human right, Child abuse, Child, Child neglect, Education, Primary health Care
- Food Security and Livelihood through capacity building and our own initiated project
- Micro finance capacity building through revolving funds
- Care and support to OVC widows and the aged by provision of health and education needs.
- Manage a pre primary for development of destitute children.
- Enhancing community interaction through, Hosting volunteers from different corners and backgrounds, who come to work and stay with us in work camp and as individual volunteers.

### WORKCAMP ACTIVITIES

- Environmental clean up campaigns along Lake Victoria beaches
- Farming activities i.e. organic farming
- Organic farming capacity building talks
- Playing with kids
- Development of concept paper for project sustainability
- Health talks on general health, pre primary health care. HIV/ AIDs awareness talks and brain storming
- Teaching kids
- Home visit/cultural exchange

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION AND SITES OF INTREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. Sites of interest are the neighbouring island Mfangano and the Ruma National park,

## CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

## EDUCATIONAL TRAVEL & SAFARI

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 06<sup>th</sup> – 08<sup>th</sup> April 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

## WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.

## CIVS/STV-05/2016– MARIANNE CENTER

### WORKCAMP SUMMARY

<b>Project Name:</b>	Marianne Center
<b>Project Location:</b>	Kamirithu Village, Kiambu County of Kenya
<b>Orientation date:</b>	07 <sup>th</sup> May 2016 from 10:00 am
<b>Start and End dates:</b>	08 <sup>th</sup> May – 25 <sup>th</sup> May 2016
<b>Safari dates:</b>	04 <sup>th</sup> May - 06 <sup>th</sup> May 2016
<b>Theme:</b>	Supporting young adults with mental disability
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

People with mental disability in Kenya (approximately 2.9 million) face extra challenges in their lives. Many Kenyans still associate people who have mental disability with black magic and witchcraft, and little has been done to combat this stigmatization. Most people with mental disability have a mild to moderate mental retardation. However, they can learn and are capable of developing skills throughout their lives. They have a wide range of talents that can be discovered at any moment in their childhood. The major shortcomings of the current educational system for (young) adults with mental disability is that they are too old to be enrolled in a primary school, but mentally incapable of attending a normal secondary school. Because of this, Marianne Center was therefore established in the year 2010, in order to focus on people with mild to moderate mental disability from the age of 16 to 35 years. The training center for this group has given them and their parents hope for a better future. Currently, the center has 38 students. The classes are divided according to the students' abilities varying from Down syndrome to Autism. The (young) adults are trained in basic skills of life, vocational and income generating activities. At the end of the training, their capabilities will be assessed and they will be attached to an employer where they get the possibility to perform basic tasks.



## PROJECT THEME

The theme of this project is to make a difference in the life of young adults with special needs and disabilities in order to be self-reliant and easily integrated into the main stream of life without fear of stigmatization.

## NATURE OF WORK

- Teaching activities in various subjects (mathematics, language, writing, drawing, gardening, sewing, beadwork, computer skills and cleaning)
- Organizing extra-curricular activities
- General maintenance and cleaning of the centre
- Provision of guiding and counseling services to the students
- Farm work

## ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

## ACCOMMODATION AND SITES OF INTEREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food.

## CAMP FEES

Volunteers participating in this project will be required to pay Euros 265. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

## EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 04<sup>th</sup> - 06<sup>th</sup> May 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interactions purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.

## CIVS/STV-06/2016 – COMMUNITY HEALTH VOLUNTEERS (CHV)

### WORKCAMP SUMMARY

<b>Project Name:</b>	Community Health Volunteers (CHV)
<b>Project Location:</b>	Vihrembe Market, Kakamega County
<b>Orientation date:</b>	11 <sup>th</sup> June 2016 from 10:00 am
<b>Start and End dates:</b>	12 <sup>th</sup> June – 29 <sup>th</sup> June 2016
<b>Safari dates:</b>	08 <sup>th</sup> June - 10 <sup>th</sup> June 2016
<b>Theme:</b>	Provision of health services / conservation efforts
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Community Health Volunteers (CHV) was established to create awareness among the residents on HIV/AIDS, as well as on issues of sexual and reproductive health. CHV is also actively involved in jigger eradication campaigns in the community. In addition, CHV educates the local community about the conservation of Kakamega Rainforest and its fragile ecosystem. The forest is home to many unique and rare animal and plant species but the increasing human population has exerted negative pressures to the forest, e.g. illegal logging, charcoal burning, cattle grazing, harvest of medicinal plants and general clearing of the forest for agriculture. CHV

involves the community in its preservation, ensuring the forest is cherished as a healthy, unique and diverse ecosystem for the future generations.

### PROJECT THEME

The theme of this project is to create awareness on the negative effect of jiggers on the health of local people.

### NATURE OF WORK

- Door-to-door jigger eradication campaign
- HIV/AIDS home-based care program
- School outreach programs
- Awareness creation in the community on sexual and reproductive health
- Rehabilitation and conservation of Kakamega Forest through the establishment of tree nurseries
- Kiswahili classes

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION AND SITES OF INTREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. In this workcamp volunteers can visit Lake Victoria in Kisumu City which is about 2 hours drive from the project. Volunteers will also have an opportunity to visit Kakamega rainforest, which is about one and half kilometer from the project site.

### CAMP FEES

Volunteers participating in this project will be required to pay Euros 265. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

## EDUCATIONAL TRAVEL & SAFARI

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 08<sup>th</sup> - 10<sup>th</sup> June 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

## WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.

## CIVS/STV-07:01/2016 – AHERO RESOURCE CENTRE

### WORKCAMP SUMMARY

<b>Project Name:</b>	Ahero Resource Centre
<b>Project Location:</b>	Kisumu County, Lake Victoria Region
<b>Orientation date:</b>	4 <sup>th</sup> July 2016 from 10:00 am
<b>Start and End dates:</b>	5 <sup>th</sup> July – 24 <sup>th</sup> July 2016
<b>Safari dates:</b>	25 <sup>th</sup> July – 27 <sup>th</sup> July 2016
<b>Theme:</b>	Sustainable community development
<b>No. of Volunteers:</b>	15

## PROJECT PROFILE

The Ahero Resource Center is located in Ahero, about 25km east of Kisumu town. The Center serves as a One-Stop-Shop offering a variety of services to the local community.

The centre is equipped with training facility to provide capacity building opportunities in Drought Resilient Agriculture, Entrepreneurship and Adult Education. The in-class training is complemented by practical learning on the adjacent Farmer Field School (Model Farm) which also encompasses a Greenhouse, Tree Nursery and Poultry Farm that provide practical examples of modern farming practices as well as a source of nutrition and income for the Orphan Feeding Program.

30 school going Orphans and Vulnerable Children get a free lunch at the center to improve their concentration and school performance. The Ahero Resource Centre is also equipped with comprehensive rainwater harvesting infrastructure to fully utilize the short and heavy rains in the region.

Additionally a borehole provides a reliable and affordable source of safe water for the community. The construction of two water kiosks in the wider area connected with the borehole will improve accessibility to clean and safe water in the community significantly.

The Center also hosts a Community Bank offering financial services tailored to the needs of the local community, including saving money or issuing out loans to members. This boosts the economical activities of the over 150 bank members.

Community members also use the library at the center for individual learning and pupils can do their homework at the center. A projector in the training hall is connected to a Pay TV installation which is used for showing football matches on big screen. The income generated from this and other activities cover the running costs of the center.

## PROJECT THEME

The theme of this project is to support orphans and vulnerable children through a lunch feeding programme, so that they are able to attend local schools without interruption.

## NATURE OF WORK

- Preparing lunch for the orphans
- Farm work
- General maintenance and cleaning of the centre
- Planting of the trees
- Kiswahili lessons

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION AND SITES OF INTREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. In this workcamp volunteers can visit Lake Victoria in Kisumu city which is about 1 hour drive from the project. Volunteers will also have an opportunity to visit rice fields.

### CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 25<sup>th</sup> – 27<sup>th</sup> July 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.

## CIVS/STV-07/02/2016 – KYALE SMALL HOME

### WORKCAMP SUMMARY

<b>Project Name:</b>	Kyale Small Home
<b>Project Location:</b>	Makueni County of Kenya
<b>Orientation date:</b>	10 <sup>th</sup> July 2016 from 10:00 am
<b>Start and End dates:</b>	11 <sup>th</sup> July – 30 <sup>th</sup> July 2016
<b>Safari dates:</b>	31 <sup>st</sup> July – 02nd August 2016
<b>Theme:</b>	Supporting the physically challenged children
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Volunteer in Makueni County in Eastern Kenya and work with physically handicapped children in Kyale Small Home. The institution consists of a school and a home, which were built in 1994. A Primary School and Catholic Church surround this home, which currently houses 20 children. These kids are boys and girls aged between 10 to 19. These children have suffered accidents, handicaps from or during birth, snakebites and polio, among other disabilities.

Kikamba is the native language and farming is one of the staples for a profession with local individuals growing vegetables, bananas, sweet potatoes, coffee, beans, maize, and tending to livestock and poultry. You can view Africa's highest mountain, Mt. Kilimanjaro, from the home and you can experience the traditional Akamba homes built by the Kamba people.

### PROJECT THEME

The theme of this project is to make a difference in the life of children and young adults with special needs and disabilities in order to be self-reliant and easily integrated into the main stream of life without fear of stigmatization.

### WORKCAMP ACTIVITIES

- Teaching activities in various subjects (mathematics, English, debates etc)
- Care giving services, including: washing, cooking, serving, feeding and cleaning
- Organizing extra-curricular activities like sports for the children
- Farmwork

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION & SITES OF INTEREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. In this workcamp, volunteers can visit Machakos town, which is about 1 hour drive from the project.

### CAMPFEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 31<sup>st</sup> July – 02<sup>nd</sup> August 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.



### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.

## CIVS/STV-08:01/2016–CUSTOMER ONGE NYIEGO WOMEN GROUP

### WORKCAMP SUMMARY

<b>Project Name:</b>	Customer Onge Nyiego Women Group
<b>Project Location:</b>	Ugunja, Kisumu County of Kenya
<b>Orientation date:</b>	06 <sup>th</sup> August 2016 from 10:00 am
<b>Start and End dates:</b>	07 <sup>th</sup> August – 24 <sup>th</sup> August 2016
<b>Safari dates:</b>	03 <sup>rd</sup> August – 05 <sup>th</sup> August 2016
<b>Theme:</b>	Sustainable community development
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Customer Onge Nyiego Women Group is a community group that was started in 2003 by women with common interest in development of their local community and economic empowerment of the women located in North Uholo. The group has a total number of 25 and is involved in organic farming where they have leased a land. They grow vegetables, maize and sweet potatoes that they later sell. Some of the food harvested in the farm is being used for the feeding program, which takes place every Saturday. Some of the orphans live in the group's home and the others are accommodated in the group's nursery or the local primary school. All the children meet every Saturday where they play games and are provided with a meal. The group also engages in HIV/AIDS awareness raising campaigns for the local community.

### PROJECT AIMS

- Creation of self-dependence through initiation of income generating activities
- Promotion of education related affairs to enlighten the community on social issues affecting them

### WORKCAMP ACTIVITIES

- Working in the group farm
- HIV/AIDS awareness campaign

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- Kiswahili lessons
- Feeding program for orphans
- Brick making

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food. In this workcamp volunteers can visit Lake Victoria in Kisumu City which is about 2 hours drive from the project

### CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 03<sup>rd</sup> – 05<sup>th</sup> August 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to

these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.

## CIVS/STV-08:02/2016 – KHALABA COMMUNITY DEVELOPMENT GROUP

### WORKCAMP SUMMARY

<b>Project Name:</b>	Khalaba Community Development Group
<b>Project Location:</b>	Mumias, Kakamega of Kenya
<b>Orientation date:</b>	13 <sup>th</sup> August 2016 at 10:00 am
<b>Start and End dates:</b>	14 <sup>th</sup> August – 31 <sup>st</sup> August 2016
<b>Safari dates:</b>	10 <sup>th</sup> August – 12 <sup>th</sup> August 2016
<b>Theme:</b>	Sustainable community development
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Khalaba Community Development Group is a project based in the Western Region of Kenya near Mumias town and is a self-help group, which seeks to improve the level of education for at-risk children and orphans. They hope to provide the children with the necessary skills to have a successful and self-sufficient future. They run an orphanage and school that support 10 orphans as well as 16 widows. These institutions are supported through sales of harvest made from their local farm. The food and the funds produced go to providing basic needs for these orphans including shelter, clothing, medical care and food.

### WORKCAMP ACTIVITIES

- Preparing meals for the orphans
- Brick making

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- Working in the group farm
- Kiswahili lessons

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION AND SITES OF INTREST

Accommodation will be at the project for this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available. The volunteers will share the responsibility of preparing the food themselves. In this workcamp, volunteers can visit Lake Victoria in Kisumu City, which is about 2 hours drive from the project.

### CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### TOUR & SAFARI

CIVS organizes educational tours and safaris to spectacular sites of interest in Kenya. Volunteers, who wish to participate, should apply at least two weeks before arrival to enable us to make proper arrangements. The fee charged is all-inclusive of meals, transport, and entry into the park, accommodation and tour guiding.

**Safari dates:** 10<sup>th</sup> August – 12<sup>th</sup> August 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.

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## CIVS/STV-09/2016 – MARIANNE CENTRE

### WORKCAMP SUMMARY

<b>Project Name:</b>	Marianne Center
<b>Project Location:</b>	Kamirithu Village, Kiambu County of Kenya
<b>Orientation date:</b>	10 <sup>th</sup> September 2016 from 10:00 am
<b>Start and End dates:</b>	11 <sup>th</sup> September – 28 <sup>th</sup> September 2016
<b>Safari dates:</b>	07 <sup>th</sup> September – 09 <sup>th</sup> September 2016
<b>Theme:</b>	Supporting young adults with mental disability
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

People with mental disability in Kenya (approximately 2.9 million) face extra challenges in their lives. Many Kenyans still associate people who have mental disability with black magic and witchcraft, and little has been done to combat this stigmatization. Most people with mental disability have a mild to moderate mental retardation. However, they can learn and are capable of developing skills throughout their lives. They have a wide range of talents that can be discovered at any moment in their childhood. The major shortcomings of the current educational system for (young) adults with mental disability is that they are too old to be enrolled in a primary school, but mentally incapable of attending a normal secondary school. Because of this, Marianne Center was therefore established in the year 2010, in order to focus on people with mild to moderate mental disability from the age of 16 to 35 years. The training center for this group has given them and their parents hope for a better future. Currently, the center has 38 students. The classes are divided according to the students' abilities varying from Down syndrome to Autism. The (young) adults are trained in basic skills of life, vocational and income generating activities. At the end of the training, their capabilities will be assessed and they will be attached to an employer where they get the possibility to perform basic tasks.

## PROJECT THEME

The theme of this project is to make a difference in the life of young adults with special needs and disabilities in order to be self-reliant and easily integrated into the main stream of life without fear of stigmatization.

## NATURE OF WORK

- Teaching activities in various subjects (mathematics, language, writing, drawing, gardening, sewing, beadwork, computer skills and cleaning)
- Follow up and home visitations
- Organizing extra-curricular activities
- Provision of guiding and counseling services to the students
- Farm work

## ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

## ACCOMMODATION AND SITES OF INTEREST

Accommodation will be at the project in this workcamp and it will be important that you have your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food.

## CAMP FEES

Volunteers participating in this project will be required to pay Euros 265. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

## EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 07<sup>th</sup> September – 09<sup>th</sup> September 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interactions purposes: pictures of your country, old clothes that are no longer in use, toys, books, pens, etc.



## CIVS/STV-10/2016 – JORA WOMEN GROUP

### WORKCAMP SUMMARY

<b>Project Name:</b>	Jora Women Group
<b>Project Location:</b>	Jora Location, Karigau, Voi District, Taita-Taveta County
<b>Orientation date:</b>	08 <sup>th</sup> October 2016 from 10:00am
<b>Start and End dates:</b>	09 <sup>th</sup> October - 26 <sup>th</sup> October 2016
<b>Safari dates:</b>	05 <sup>th</sup> October - 07 <sup>th</sup> October 2016
<b>Theme:</b>	Women empowerment through sustainable development
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Jora women group is Community based organization that was established in 1974 and currently has 50 members. The community group has the objective of alleviating poverty through agribusiness and entrepreneurship, conservation of the environment through planting of trees, and collaborating with various organizations and institutions in order to achieve the stated objectives. The community members have several income generating activities, which involves basket weaving, rabbit rearing, goat rearing, business entrepreneurship and agriculture. Other opportunities involve eco-tourism activities and environmental conservation. Volunteers who have interest in conservation have a great chance of research and conservation measures of the Taita Apalis bird that is facing extinction.

### PROJECT THEME

- To improve our ability to teach local young people and women basic healthcare and hygiene techniques
- To provide better education to children in the region, who are currently secluded
- To further improve the ability of local youth and women to sustain themselves and their families

### NATURE OF WORK

- Renovation of the building
- Marketing of the baskets
- Construction of the rabbit hutch
- Conservation and monitoring of Taita white eye and Taita apalis birds
- Teaching in primary school
- Home visits, sharing ideas with the community and group members on eco-tourism ventures.

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION AND SITES OF INTREST

Accommodation will be at the project for this workcamp and it will be important that you have a sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available. The volunteers will share the responsibility of preparing the food themselves. In this workcamp, volunteers can visit:

- Kasigau hill found in the village, It is one of the Taita hills that cover 1000km sq and are part the Eastern arc mountains that spread from Tanzania to Kenya
- Tsavo west national park
- Tsavo east national park
- Ngulia Rhino sanctuary
- -Lake Jipe which is one of the volcano lakes

### CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation (breakfast, lunch and dinner), introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

## EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 05<sup>th</sup> – 07<sup>th</sup> October 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

## WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.

## CIVS/STV-11/2016 – BADILISHA ECO-VILLAGE

### WORKCAMP SUMMARY

<b>Project Name:</b>	Badilisha Eco-Village
<b>Project Location:</b>	Rusinga Island, Homa Bay County of Kenya
<b>Orientation date:</b>	05 <sup>th</sup> November 2016 from 10:00 am
<b>Start and End dates:</b>	06 <sup>th</sup> November – 23 <sup>th</sup> November 2016
<b>Safari dates:</b>	02 <sup>nd</sup> November – 04 <sup>th</sup> November 2016
<b>Theme:</b>	Agriculture and Environmental Conservation
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

Badilisha means “change” in Swahili. Badilisha Eco Village aims to bring change into the lives of people on Rusinga Island, who face challenges such as food insecurity, HIV/AIDS, lack of education, among other pressing issues. It also seeks to inspire change in the general paradigms of local population towards a more holistic and responsible way. Badilisha Eco Village promotes permaculture farm design techniques and ethics: Earth care, people care and share of surplus. It is a model farm, or epicenter, for both sustainable agriculture and holistic community development. Badilisha successfully hosted a Permaculture Development Course in March 2011 and aims to become an International Permaculture Center.

### AIMS OF THE PROJECT

Promoting and demonstrating sustainable practices, in particular food production and domestic issues, guided by the ethics and principles of permaculture.

### WORKCAMP ACTIVITIES

- Mulching, seeding, harvesting and planting
- Orphan feeding program
- Sanitation program

- Reforestation-Trees planting

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION

Accommodation will be at the project in this workcamp and it will be important that you have a sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food.

### CAMP FEES

Volunteers participating in this project will be required to pay Euros 265. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 02<sup>nd</sup> – 04<sup>th</sup> November 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.

## CIVS/STV- 12/2016 – BUGAMBERO PRIMARY SCHOOL

### WORKCAMP SUMMARY

<b>Project Name:</b>	Bogambero Primary School
<b>Project Location:</b>	Kuria West, Migori County of Kenya
<b>Orientation date:</b>	26 <sup>th</sup> November 2016 from 10:00 am
<b>Start and End dates:</b>	27 <sup>th</sup> November – 14 <sup>th</sup> December 2016
<b>Safari dates:</b>	23 <sup>rd</sup> November – 25 <sup>th</sup> November 2016
<b>Theme:</b>	Agriculture and Environmental Conservation
<b>No. of Volunteers:</b>	15

### PROJECT PROFILE

The Bogambero primary school aims at setting up a reception centre for the children who are living in the Bogambero Primary School area (750 children). This community is located in a highly HIV virus infected area. Female Genital Mutilations (FGM), girls' education and early marriages are also serious issues that affect this community. The rate of HIV infected people is very high in Migori County: 15% of the population suffers from this disease. The beneficiary community is especially affected.

The lack of information and the importance of local belief on AIDS make children a particularly high-risk population and also more young teenage girls who must also deal with FGM and early marriages. These children are even more vulnerable due to the fact that some of them are not registered i.e. they do not exist officially and therefore their rights are not recognized. Bogambero's Community reflects this situation.

### AIMS OF THE PROJECT

Empowering children with basic knowledge to enable them contribute positively towards our national development and also to provide vocational training to those children who cannot excel in academic field.

### WORKCAMP ACTIVITIES

- Brick making

- Tree planting
- Sensitization activities on health, FGM and Education
- Teaching and Art with Children or Debates
- Sports activities

### ARRIVAL AT THE AIRPORT

All volunteers taking part in this project will be picked up from Jomo Kenyatta International Airport, Nairobi. CIVS will arrange accommodation before and after the workcamp in a host family in Buruburu area of Nairobi.

### ACCOMMODATION

Accommodation will be at the project in this workcamp and it will be important that you have a your own sleeping bag and mat. During the workcamp, food will be provided to volunteers from what is locally available and the volunteers will share in the responsibility of preparing the food.

### CAMP FEES

Volunteers participating in this project will be required to pay 265 Euros. This cost will include airport pick up/drop off, 3 nights' accommodation, introduction to the city, orientation, food, facilitation, certificate of participation and administrative costs.

### EDUCATIONAL TRAVEL AND SAFARIS

CIVS organizes educational safaris to spectacular sites of interest in Kenya. Volunteers who wish to participate should apply at least two weeks before arrival to enable us make proper arrangements. The fee charged is all-inclusive of meals, transport, entry into the park, accommodation and tour guiding.

**Safari dates:** 23<sup>rd</sup> – 25<sup>th</sup> November 2016

**Charges:** 3-day tour to Maasai Mara National Park, Euros 320

It is important to note, that 5% of the proceeds from the Safari is used to support our feeding program for the orphans at Ahero Resource Centre Project, located about 30km from Kisumu.

### WHAT TO CARRY

Volunteers are required to carry the following items for the workcamp: mosquito net, torch/flashlight, toiletries, first-aid kit, sleeping bag, sandals and sunscreen. In addition to these, volunteers can also carry the following items for interaction purposes: pictures of your country, clothes, toys, books, pens, etc.