

Nom de l'association : Grenzenlos
Pays : Autriche

1. About Grenzenlos

Grenzenlos is an Austrian NGO based in Vienna. It is independent of religions and political bodies. Grenzenlos is a non-profit association. Its main purpose is to promote world peace and respect between people through intercultural non-formal education programmes abroad which combine cultural integration with engagement at non-profit initiatives worldwide.

The German word „Grenzenlos“ means „no boundaries“ and also „no limits“. The word explains the basic mission of Grenzenlos: to promote the personal development of individuals (no limits!) and inter-cultural understanding through international encounters, trainings, inter-cultural living and work experience (no boundaries!).

Grenzenlos offers a variety of international mobility programmes. These programmes are dedicated to world peace through the promotion of inter-cultural exchanges.

- Traditionally, Grenzenlos organizes volunteering programmes (individual as well as in the frame of international camps);
- As an exchange organization, we send volunteers abroad and host volunteers in Austria
- For people of all generations from 18 to 99 years. Right now, we work on special programmes for seniors (inter alia, the EU programme Grundtvig 50+)
- Including stays from two weeks up to one year
- For skilled as well as for non-skilled people
- Worldwide

The Inclusion approach is a high priority for Grenzenlos: special attention is given to promoting the participation of physically handicapped people in our European exchange programmes (MELANGE that is EVS in Vienna).

2. General Project Information

Volunteers who participate in a Grenzenlos volunteer project come from a diverse range of backgrounds, nationalities and cultures and have different abilities and experiences. All volunteers that participate apply through our partner organisations abroad and must meet the following criteria:

- be over 18 years of age
- be open minded and flexible
- be able to communicate in Basic English
- show commitment

What the Volunteer needs to bring...

- Health Insurance Card
- His/her own sleeping bags/ mats unless the project description says something else!
- Correct work wear and weatherproof clothing!!!
- Money to cover their free time activities as well as their internal transportation

Requirements:

Every volunteer project is different. Some projects also have specific requirements. It is important to read the descriptions and requirements carefully before you select a project. Here are some common requirements:

* Language: Projects use English as their main language. You must be prepared to communicate in English for the duration of the project.

* Age: All volunteers must be at least 18 to participate. There is no upper age limit.

* Insurance: All volunteers on our projects are provided with insurance cover for personal accident, sickness and third part liability. We strongly recommend that volunteers take out their own travel insurance.

* Inclusion: We are committed to making our volunteer projects accessible to everyone and will try to accommodate any special requirements. Please contact us if you would like to talk about whether or not a project might be suitable for you.

Remember:

- * Please make sure you meet any project requirements before applying
- * Projects fill up quickly so it is best to be flexible and list more than one option.
- * If all of your choices are full we will contact you to suggest an alternative.
- * If a project requires a motivation letter then please tell us why you want to apply for that particular project.

Group leaders:

Our projects have volunteer leaders who are trained by Grenzenlos.

Specific Projects:

Projects with children:

Volunteers on these projects should be able to speak German or be aware that the children just speak German and should also be enthusiastic about working with children. We suggest volunteers on these projects bring ideas for games and activities from their own countries.

Important Placement : **Applications for the Camps in Austria will be accepted not earlier than 14th March 2016!!**

3. International Camps 2016

Code/Name	Name	Location	Dates	Type	No. Of vols (Ages)
GL01	'Äktschn im Park'	Vienna	09.7. – 30.7..2016	DISA/RENO	10 (18- no upper age limit)
GL02	'Überdacht'	Eschenau – Lower Austria	09.7.- 23.7.2016	KIDS/RENO	4 (18- no upper age limit)
GL03	'Alberndorf Walls'	Alberndorf- Upper Austria	Will be updated	RENO/ENV	08 (18- no upper age limit)
GL04	'Let's Act'	Vienna	31.7. – 21.8.2016	DISA/ARTS	15 (18- no upper age limit)
GL05	'Jewish Heritage'	Vienna	20.8-03.9.2016	RENO	10 (18- no upper age limit)
GL06	'LifeART'	Straden – Styria	Will be updated	DISA/RENO	08 (18- no upper age limit)

Important: Our placement starts on the 14th March 2016!!

Please notice that we are asking for different Participation Fees for each camps. The Fees will be collected by Grenzenlos when the participants arrive

GL01 _Vienna_ 'Äktschn im Park': 09.7. – 30.7.2016 DISA/RENO 10 VOLS (18- no upper age limit)

Location: The International Camp will take place in a public park in Vienna from 9th to the 30thst of July 2016.

Work: We will mostly work in cleaning and renovating the sports facilities of this famous public park called 'Augarten' but as well in painting the wall that protects it. Sometimes we have as well the possibility to work with the gardeners doing gardening work. The Augarten is located in the centre of Vienna (2nd district). The work will start on Monday 11th of July. We will work five days a week, approximately six hours a day. Moreover, we will try to include 1-2 local participants with fewer opportunities either in the work or in free time activities. We want to offer them the possibility to get to know people from all over the world. In this way we want to set an example of integration. At the end of the international camp we will try to organize a farewell barbecue.

Accommodation: We will be hosted in a youth centre in Vienna: "5er Haus". Things to bring with you: You need to bring with you a sleeping bag and mats (we will sleep on the floor), working clothes, working shoes, raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you.

Food: We will cook for ourselves. (Please inform us whether you require a special diet). Your accommodation and food are covered – however, we recommend you to bring some pocket money: the currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

Insurance: During the international camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria; don't forget to arrange your insurance prior to your departure!

LA: English.

T: Motivation Letter is needed!

Participation Fees: 50€.

GL02_ Eschenau_ 'Überdacht': 09.7.-23.7.2016: KIDS/RENO 4 VOLS (18- no upper age limit)

Location: The international camp will take place in Eschenau close to St. Pölten (Lower Austria) from July 9th – July 23rd 2016.

Work: Eschenau is a place for children from homeless families. We will do some renovation work in the house/surroundings and do as well some gardening. We will do as well some workshops with and for the children. We will show the children different cultures with international games, food, etc. We will work five days a week but we will also make excursions with the children.

Accommodation: We will be hosted in the “Kinderbauernhof (childrensfarm www.kinderbauernhof.or.at)” where the children also stay. As the children are staying in the same house please notice that there are special rules for the living together during the camp! Things to bring with you: We have beds for everybody; we don't sleep on the floor!!! It is NOT necessary to bring your sleeping bag! Things to bring: Working clothes, working shoes, raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you. Please bring songs and children fairies from your country as well as some ideas for games, etc.

Food: We will cook for ourselves. (Please inform us whether you require a special diet) Your accommodation and food are covered – however, we recommend you to bring some pocket money: The currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks (PLEASE do NOT bring Alcohol!!!), games and music from your country (for an intercultural evening and workshops for the children) – and a lot of motivation to work with children!!

Insurance: During the international camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria, don't forget to arrange your insurance prior to your departure!

LA: English/German

Special Remarks: As the children are staying in the same house please notice that there are special rules for the living together during the camp! No Alcohol during the project!!

T: Motivation letter and a filled application (made by the Kinderbauernhof) which will be sent out as soon as we got the first requests!

Participation Fees: 30€.

GL03 _Alberndorf_ 'Alberndorf Walls': July/August: RENO/ENVI 8 VOLS (18- no upper age limit)

Location: Upper Austria/Alberndorf in der Riedmark; The international camp will take place in Alberndorf, which is a village in the north of Austria, next to the Czech border near to Linz. Alberndorf is a village with about 4000 inhabitants. Many regional activities are organized by clubs and small associations. We might join some of them during our spare time and you can get an impression of the local culture. They have as well a festival during August which we can join.

Work: We will renovate an old historical stonewall. Stonewalls are important for biodiversity and they are part of the traditional landscape in this region. We will try to include local volunteers in the work and have contact with integrative institutions who work with people with disabilities of refugees. We will work five days a week, approximately six hours a day. The stonewall is part of a local hiking path and will deal with the topic "Walls and Borders" - especially with our current refugees situation.

Other activities: We will try to make activities in the local regions like e.g. hiking, visiting farms, (is still in planning).

Accommodation: We will be hosted in an elementary school with lavatories and a kitchen. Possible sleeping bags will be needed; we will inform the participants if we will get bed available or if they need to bring mats. Things to bring with you: working clothes, working shoes, raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you.

Food: We will cook for ourselves. (Please inform us whether you require a special diet). Your accommodation and food are covered – however, we recommend you to bring some pocket money: the currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

Terminal: The closest airport is in Linz, which is half an hour away. It is but no problem to fly to Vienna or Salzburg and then getting a train or bus to Linz. (Bus from Linz to Alberndorf)

Special requirements: speaking English, adequate working clothes

Insurance: During the camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria; don't forget to arrange your insurance prior to your departure!

LA: English.

T: Motivation Letter needed!

Participation Fees: 30€.

GL04_Vienna_ 'Let's Act': 31.Juli. – 21.8.2016 DISA/ARTS 15 VOLS (18- no upper age limit)

Location: The international camp will take place in Vienna from 31st of July –21st of August 2016.

Work: The main focus is to create our own short theatre play and experience how much fun acting, dancing and playing can be in a group of great variety. We will include young (international and national) people with fewer opportunities and have the support of professional theatre pedagogues, who will teach us exercises and give us instructions. The theatre sessions include the recognition and use of natural tools (body, voice and space) and the development of potential skills (concentration, imagination, memory, expression and creativity). You will be involved in a dynamic theatrical process and in the end of the camp we will perform your self-created play.

There is no need of any theatrical knowledge in advance, but your motivation and willingness for acting is important because the theatre sessions are creative and artistic practices and your input is needed.

Accommodation: We will be hosted in a youth centre in Vienna: "5er Haus". Things to bring with you: You need to bring with you a sleeping bag and mats (we will sleep on the floor), comfortable/sport clothes for the theatre activities, working shoes, raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you.

Food: We will cook for ourselves. (Please inform us whether you require a special diet or are vegetarian.) Your accommodation and food are covered – however, we recommend you to bring some pocket money: The currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

Insurance: During the international camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria; don't forget to arrange your insurance prior to your departure!

LA: English.

T: Motivation Letter is needed!

Participation Fees: 100€.

GL05 _Vienna_ 'Jewish Heritage': 20.8. – 03.9.2016 RENO 10 VOLS (18- no upper age limit)

Location: The international camp will take place in Vienna from August 20th – 3rd of September 2016.

Work & Learning Experience: We will be doing cleaning, gardening and revitalizing the Jewish graveyard in the 18th district of Vienna. We will work five days a week, approximately six hours a day. Moreover, you will learn more about the Jewish history in Vienna during your work as well during the free time activities.

Accommodation: We will be hosted in Vienna or surroundings. Things to bring with you: You need to bring with you a sleeping bag and mats (we will sleep on the floor), working clothes (hat, long pants, long sleeve shirt, working shoes), raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you.

Food: We will cook for ourselves. (Please inform us whether you require a special diet) Your accommodation and food are covered – however, we recommend you to bring some pocket money: The currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

Insurance: During the international camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria; don't forget to arrange your insurance prior to your departure!

LA: English

T: Motivation Letter and a special filled application (which is prepared by the Jewish association) is needed!

Participation Fees: 50€.

GL06 _Straden_ 'LifeART': July/August LEBENSHILFE 08 VOLS (18- no upper age limit)

Location: The international camp will take place in Straden (Styria). Dates will be updated.

Work: We will work together with the institution "Lebenshilfe" (Life Help) which works mainly with people with physical and mental disabilities (clients). We will work 4 hours a day (approx. 2 hours in the morning and 2 in the afternoon), 5 days a week. One of the tasks will be to work with 7-8 clients from Lebenshilfe organizing (working & free time) activities. Another task will be to work together with the clients and do some renovation/gardening in the neighbourhood (like planting herb spirals and raised beds). Furthermore, the participants will have the opportunity to organize an international event together with the community in Straden specially inviting the refugees living there.

In your free time you have the opportunity to explore the region and make excursions to nearby places of interest. Straden is situated in the countryside of south-eastern Austria.

Accommodation: We will be hosted in a school in Straden. Things to bring with you: You need to bring with you a sleeping bag (we have mats in the house), working clothes, working shoes, raincoat, swimming suit, sun protection. If you require any medicaments (e.g. because of an allergy), don't forget to bring them with you.

Food: We will cook for ourselves. Please inform us whether you require a special diet or are vegetarian. Your accommodation and food are covered – however, we recommend you to bring some pocket money: The currency used in Austria is Euros. Furthermore we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

Insurance: During the international camp we will only have insurance for accidents. Nevertheless, you need a full insurance for your travel and the time in Austria; don't forget to arrange your insurance prior to your departure!

LA: English/German

T: Motivation Letter is needed!

Participation Fees: 30€.

**Envie d’aller faire du volontariat en Autriche? Contactez le
SVI : info@servicevolontaire.org ou visitez notre site :
www.servicevolontaire.org!**