

Nom de l'association : Natate
Pays : Mexique

1. About Natate

Nataté does not receive any type of private or public funding, which is why each volunteer is required to pay a participation fee. This fee includes housing, ongoing follow-up throughout the volunteer process and in some cases food. (You can find more information in the project's description).

In order to open more opportunities for the participation of national and foreign volunteers in our workcamps, you can find projects between \$2,100.00 to \$3,100.00 pesos MXN. You can also participate in our Medium and Long Term projects with a participation fee ranging from \$1,000.00 pesos MXN to 2,000.00 pesos MXN.

Please keep in mind that in order to be accepted to a project every volunteer must make a deposit, regardless of which sending organization they come through, their nationality or country of origin.

- **Medium and Long Term (MLTV)**

Once the volunteer has been approved, he or she must make a deposit of \$1,800.00 pesos MXN to confirm his or her participation in the project. This deposit can be used to cover the participation fee for the last month or it can be reimbursed to the volunteer (as long as the agreement has been fulfilled).

- **Workcamps (short term projects)**

Once the volunteer has been approved, he or she must make a deposit of \$1,000.00 pesos MXN to confirm his or her participation in the project. The remaining amount must be paid at Nataté's office at the beginning of the project.

2. About the Language

If you come from abroad and do not speak much Spanish, Nataté recommends that you take a Spanish course before your project starts. We have worked with the Instituto Cultural La Casa En El Árbol for many years, and they offer quality courses and have staff experienced in teaching foreigners.

Benefits:

- It will give you knowledge and skills for better participation in your project.
- Nataté's volunteers receive a discount for individual classes.

3. Immigration Paperwork

If you're coming from abroad, it's very important to ensure you know all the visa requirements. All foreign volunteers who come for more than 6 months need a visa to perform volunteer activities.

The next steps are to have an idea about how to proceed:

- You need to apply for a volunteer visa in the Mexican Consulate in your country (the cost varies) for this Nataté can provide an invitation letter that explains the reason of your travel.
- Once you arrive in México you will have about 30 days from the day of your entry to go to the immigration office and continue your immigration process. You will have to pay a fee (which ranges approximately from 3,000 to 4,000 MXN).

Please remember to keep your FFM (the document given to you at the airport when you arrive) in a safe place. You will need to show it in the migration office of San Cristóbal de las Casas.

USEFUL WEB SITES

INSTITUTO NACIONAL DE MIGRACIÓN: WWW.INM.GOB.MX

4. México y Chiapas

México

In Mexico there are 31 states and has an area of about 2 million square kilometres, which makes it the 14th largest country in the world. It has a population of 120 million is the biggest Spanish speaking nation. It is a country of enormous climate diversity and it is also one of 18 countries worldwide with the most biodiversity. Thanks to its geography, history, food and weather, Mexico is one of the world's powers in terms of tourism, being the 8th most visited country in the world. As a country with approximately 62 indigenous groups who speak about 72 different languages, Mexico contrasts with other countries in Latin America where indigenous peoples are mostly of a single language group.

San Cristóbal de Las Casas

San Cristóbal de las Casas is a charming small city in the state of Chiapas in southern Mexico. It's located in a basin 85 km to the east of the state capital Tuxtla Gutierrez. Found in the region called Los Altos de Chiapas, it is a heavily forested mountainous region, mainly with pines and oaks. The great forests of Los Altos de Chiapas support a diverse flora and fauna, especially in its various ecological reserves. In terms of fauna, the area is home to 368 registered species of wildlife.

San Cristobal is the main tourist center of the state and is considered the cultural capital of Chiapas, where indigenous groups of different communities converge. It has managed to maintain its beautiful colonial architecture through the ages, while welcoming a mix of national and international cultures. The most prominent features of the city are temples and churches with Baroque architecture, plazas and colonial adobe buildings which date back more than 500 years. The architecture of this city is symbol appreciated not only in Mexico but also worldwide.

It is also a great starting point to visit the surrounding regions, which offer great biodiversity and easily accessible natural areas. Some attractions include parks, lakes, Maya archaeological sites, mangroves, waterfalls and beaches.

The Weather

In San Cristóbal, the summers are rainy and the winters are cold, so you have to be prepared with warm clothes and a raincoat. During the entire rainy season, which generally starts at the beginning of May and ends at the beginning of November, it's common to have daily rains and occasional storms. From November to February, the temperature gets colder (temperatures have reached -8°C). San Cristóbal de Las Casas is 2,120 meters (6,955 feet) above sea level, which gives it a cool temperature almost all year, with an average temperature of 15°C (59 °F).

Safety

On some occasions and in some places, the safety conditions in Mexico can be dangerous. One of the most notorious problems is the violence due to the drug cartels. However, with regards to the southeast of Mexico, Chiapas is one of the safest states. The areas in and around San Cristóbal de las Casas, Chiapas, where the volunteer projects are located, are safe when you take the proper precautions.

Due to its popularity among tourists, Chiapas offers a lot of hospitality. But, as with any travel experience, volunteers should always be aware of their surroundings, not walk alone at night, be careful to initiate friendly relationships and secure their belongings.

LIST OF PROJECTS

5. Project name: Tsobol P'ijiltasel

Project code: NAT-ML16-01
Project dates: **From 11 January to 31 December 2016**
Type of project: EDU, KIDS, TEACH
Minimum stay: 6 months
Age Requirements: + 22 years old

6. Project name: Sna' Ololetik

Project code: NAT-ML16-02
Project dates: **11th January to 31th December 2016**
Type of project: EDU, KIDS, TEACH
Minimum stay: 6 months
Age Requirements: +22 years old

7. Project name: Tam Unen

Project code: NAT-ML16-03
Project dates: **from 11th January to 31th December 2016**
Type of project: EDU, SOCI, CAP, HEAL
Minimum stay: 3 months
Age: +18

8. Project name: Sueniños

Project code: NAT-ML16-04
Project dates: **4th of June – 16th December 2016**
Type of project: EDU, KIDS, CAP
Minimum stay: 3 months
Age: +18

9. Project Name: SUEKUN

Project Code: NAT-ML16-05
Project Dates: **June 4th – 16th December 2016**
Tipo del proyecto: EDU, TEEN, CAP
Minimum Stay: 3 Months
Age: +18 years old

10. Project Name: Slumalil Tsebetik

Project Code: NAT-ML16-06
Project Dates: **From 11th January to 16th December 2016**
Type of Project: EDU, TEEN, CAP
Minimum stay : 6 Months
Age: between 18 and 30 years old

11. Project Name: Jaguar de Madera

Project Code: NAT-ML16-07
Project Dates: **from January 11th – December 16th 2016**
Project Type: CONS,ENVI,CAP
Minimum Stay: 1 Month
Age: +18 years old

12. Project Name: Tierra Roja

Project Code: NAT-ML16-08
Project Dates: **March 1st to December 31th 2016**
Project Type: TEACH, EDU, KIDS,SOC
Minimum Stay: 3 Months
Age: 22 to 50 years old

13. Name of the project: Skolta'el

Code of the project: NAT-ML16-09
Dates of the project: **From February 1st to 31th December 2016**
Type of project: EDU, KIDS, SOCI
Minimum stay: 1 month
Age: 18+ years old

14. Project Name: Sea turtle MAINTENANCE

Code of the project: NAT-WC16-02
Dates of the project: **From March 11th to 25th March 2016**
Type of project: ENVI/SOCI
Age: 18+ years old

Code of the project: NAT-WC16-04
Dates of the project: **From April 8th to 22th April 2016**
Type of project: ENVI/SOCI
Age: 18+ years old

Code of the project: NAT-WC16-06
Dates of the project: **From May 13th to 27th May 2016**
Type of project: ENVI/SOCI
Age: 18+ years old

15. Project Name: Sea Turtle Workcamp

Code	Name	Start	End	Type	Vols	Age	Fee
NAT-WC16-06	Sea turtle 1	10 Jun	24 Jun	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-12	Sea turtle 2	2 Sep	16 Sep	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-13	Sea turtle 3	16 Sep	30 Sep	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-14	Sea turtle 4	07 Oct	21 Oct	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-17	Sea turtle 5	11 Nov	25 Nov	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-18	Sea turtle 6	02Dec	16 Dec	ENVI/ANI	10	+18	\$3,100 MXN

16. Project Name : Jaguar de Madera

Code	Name	Start	End	Type	Vol	Age	Fee
NAT-WC16-01	Jaguar de Madera "Fogón Ecológico"	12 Feb	26 Feb	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-03	Jaguar de Madera "Muro y Gradadas de Llantas"	18 Mar	01 Apr	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-07	Jaguar de Madera "Construcción Ecológica"	10 Jun	24 Jun	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-09	Jaguar de Madera "Terrazas en Super Adobe"	15 Jul	29 Jul	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-11	Jaguar de Madera "Temazcal y Horno Tradi"	05 Aug	19 Aug	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-15	Jaguar de Madera "Bicimaquinas"	07 Oct	21 Oct	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-19	Jaguar de Madera "Muebles y Juegos Artisticos"	02 Dec	16 Dec	ENVI/CONS/CAP	10	+18	\$2,800 MX

17. Project Name: Parque Educativo San José

Code	Name	Start	End	Type	Vol	Age	Fee
NAT-WC16-20	Rehabilitation PESJ	04 Mar	18 Mar	RENO/CONS/ENVI	10	+18	\$2,500 MX
NAT-WC16-21	Construction PESJ	08 Jul	22 Jul	RENO/CONS/ENVI	10	+18	\$2,500 MX
NAT-WC16-22	Maintenance PESJ	11 Nov	25 Nov	RENO/CONS/ENVI	10	+18	\$2,500 MX

18. Project Name: Summer Camp 1 Kuxul Lum

Project Code: NAT-WC16-08

Dates: **From 15th to 29 of July 2016**

Project Type: EDU, KIDS, SUMM

19. Project Name: Summer Camp 2 San Cristóbal

Project Code: NAT-WC16-08

Dates: **from 5th to 19 of August 2016**

Project Type: EDU, KIDS, SUM

20. Project name: Re-Acciona! (Rehabilitation of public spaces)

Project Code: NAT- WC16-19

Project dates: **From 11th to 18th November 2016**

Project Type: RENO / SOCI

5. MLTV Medium and Long Term

Code	Name	Start	End	Type	Vol	Age	Fee
NAT-ML16-01	Tsobol P'ijiltasel	01/03/2016	31/12/2016	TEACH, EDU, KIDS	3	22	\$ 2,000.00 M.X
NAT-ML16-02	Sna'Ololetik	01/03/2016	31/12/2016	TEACH, EDU, KIDS	5	22	\$ 2,000.00 M.X
NAT-ML16-03	Tam Unem	01/03/2016	31/12/2016	HEAL, CAP, EDU, SOCI	5	18+	\$ 1,500.00 M.X
NAT-ML16-04	Sueniños	01/06/2016	16/12/2016	EDU, KIDS,CAP	2	18 +	\$ 1,000.00 M.X
NAT-ML16-05	Suekun	01/06/2016	16/12/2016	EDU, TEEN, CAP	2	18 +	\$ 1,000.00 M.X
NAT-ML16-06	Slumalil Tsebetik	11/01/2016	16/12/2016	EDU, TEEN, CAP	3	18 - 30	\$ 1,800.00 M.X
NAT-ML16-07	Jaguar de Madera	11/01/2016	16/12/2016	CONS,ENVI,C AP	6	18+	\$ 2,000.00 M.X
NAT-ML16-08	Tierra Roja	01/03/2016	31/12/2016	EDU,TEACH,KI DS	4	20	\$ 1,800.00 M.X
NAT-ML16-09	Skolta'el	01/03/2016	31/12/2016	EDU,KIDS,SO CI	6	18	\$ 1,800.00 M.X

Project name: Tsobol P'ijiltasel

Project code: NAT-ML16-01

Project dates: From 11 January to 31 December 2016

Type of project: EDU, KIDS, TEACH

Minimum stay: 6 months

Age Requirements: + 22 years old

Project: Tsobol P'ijiltasel, which in the indigenous language Tsotsil means "The Learning Circle" is a project developed by Nataté which focuses on providing educational support to schools in highly marginalized communities. Tsobol P'ijiltasel was started in 2015 in three schools around San Cristóbal de las Casas in the Highlands of Chiapas. The students attending the schools are boys and girls between 6 and 13 years old who are studying at the primary level in bilingual schools (Spanish-Tsotsil).

The work is done in different communities which lack basic services like potable water, sewer systems, and in some cases, electricity, and where the majority of the population's main source of income is agriculture.

The main goal of this project centers on creating a work plan to implement learning and literacy strategies in the schools, as well as developing the students' basic math skills .

Work: The volunteer will give basic Spanish and basic math classes to indigenous boys and girls who are studying at the primary level in one of the schools which participates in this project. The volunteer has the responsibility to plan and develop activities, and to implement them with the group assigned. Nataté offers follow-up and strategic support so that the volunteer can plan his/her classes on a monthly basis. Within the school, the volunteer will be accompanied by a teacher, but without his/her pedagogical help. The school is lacking teaching materials, but has the basic resources such as : white boards, desks and chairs for each student. The volunteer will be subject to the school's internal rules, and will follow the school calendar established by the Secretary of Public Education in Mexico, including holidays.

Despite the limited resources available to us for this project, Nataté is constantly seeking support from local organizations interested in educational processes. Remember that the project is still in development, so it is important for us to count on your support for its improvement.

Requirements: In order to take part in this project, it is required that volunteers have a high proficiency in Spanish (upper-intermediate level, both spoken and written). The volunteer must have a high school diploma, experience working with children, and academic training in education or social sciences.

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The volunteer must have a respectful attitude towards the norms and behaviors of the indigenous community, a high tolerance for frustration, be able to work under pressure, and be willing to share with Nataté educational methodologies to improve the project.

Locations: Cuitlahuac School: This school is located in the community of Guadalupe el Túnel, in the municipality of San Cristóbal de las Casas. It has a population of about 40-45 indigenous children

Closest Airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Accommodation and food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. It is important to bring a sleeping bag. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation.

Language: An upper-intermediate level of Spanish is necessary since the school children's first language is Tsotsil (an indigenous language from Chiapas). We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of \$2,000.00 Mexican pesos each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before Applying.

It is indispensable to show a HIGH LEVEL of commitment and responsibility. It is important that all volunteers who apply have the openness and readiness to adapt to the lifestyle and conditions of the community during the time that the volunteer service lasts.

Please evaluate your commitment and avoid participating if you do not believe that you are able to control student groups.

You can bring any teaching materials you would like to share with us.

6. Project name: Sna' Ololetik

Project code: NAT-ML16-02

Project dates: 11th January to 31th December 2016

Type of project: EDU, KIDS, TEACH

Minimum stay: 6 months

Age Requirements: +22 years old

Project: Sna'ololetik, wich means "the house of the children" in the Tsotsil indigenous language, is a project in an Institution that works with kids from 6 to 13 years old. The students receive their primary education, as well as food and accommodation. Most of the children come from mayan "tsotsil and tseltal" indigenous communities. This project aims to strengthen the students' intellectual and physical capacities, trough activities that involve art and other skills in the form of non-formal education to supplement their academic curriculum.

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Work: Volunteers may become involved in the following three areas:

English: English lessons for students groups from 6 to 13 years of age. Volunteers will be responsible for preparing activities with the support of a teacher who will be chosen by the direction of the Institution. The teacher may not have a complete academic training in some cases, and therefore, the volunteer will be supported by Nataté with some techniques or strategies in order to prepare the classes each month. Volunteers will follow the rules set in place by the Institution as well as the academic calendar according to the Public Education Secretary (SEP) including non-working days.

Computing: Volunteers will give basic computer classes to groups from 6 to 13 years of age. Volunteers must develop 3 daily lessons in the afternoon from Wednesday to Sunday, therefore Monday and Tuesday will be non-working days. The school has a classroom with internet and fully equipped with computers. Volunteers will be responsible for preparing activities with the support of a teacher who will be chosen by the direction of the Institution. The teacher may not have a complete academic training in some cases, and therefore, the volunteer will be supported by Nataté with some techniques or strategies in order to prepare the classes each month. Volunteers will follow the rules set in place by the Institution as well as the academic calendar according to the Public Education Secretary (SEP) including non-working days.

Sports: Volunteers will prepare and give sport classes for the students 3 times a day from Wednesday to Sunday, therefore Monday and Tuesday will be non-working days. The school has good open areas with a field for activities or sports like volleyball, basketball or football. There are also musical instruments which can be used.

Volunteers will be responsible for preparing activities with the support of a teacher who will be chosen by the direction of the Institution. The teacher may not have a complete academic training in some cases, and therefore, the volunteer will be supported by Nataté with some techniques or strategies in order to prepare the classes each month. Volunteers will follow the rules set in place by the Institution as well as the academic calendar according to the Public Education Secretary (SEP) including non-working days.

Requirement: Volunteers are required to have a good level of Spanish (intermediate speaking and writing), to have finished high school, and should have experience working with children or studies in education. It is also required to be respectful, tolerant, to be able to work under stress, and to be willing to share new ideas or techniques with Nataté to help improve on the project.

Location: The project takes place in the charming city of San Cristóbal de las Casas, which has managed to maintain its colonial architecture and Mexican flavor while welcoming a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Maya archeological sites, mangroves, waterfalls and beaches. For more information, please visit: www.vivesancristobal.com www.visitmexico.com/en/san-cristobal-de-las-casas

Closes airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Accommodation and food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. Volunteers have to bring sleeping bag. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen the participation fee does NOT include the costs of food or transportation.

Language: For this project its necessary an advanced level of Spanish, because kids have as a first language tsotsil or tsetal (indigenous languages from Chiapas). We encourage volunteers who require intensive language classes to

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improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$2,000.00 MXN each month**, This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before Applying

It is indispensable to show commitment, responsibility and ability to adapt to the lifestyle conditions during the time that the volunteer service lasts.

Please if you don't feel capable to keep control of groups avoid applying to this project. The volunteer will follow the Institution rules and the academic calendar according to the Public Education Secretary (SEP) including non-working days.

You can bring material that you would like to share with us.

7. Project name: Tam Unen

Project code: NAT-ML16-03

Project dates: from 11th January to 31th December 2016

Type of project: EDU, SOCI, CAP, HEAL

Minimum stay: 3 months

Age: +18

Project: Tam Unen, which in the indigenous Tsotsil language means "Those who receive newborns" is a non-profit organization made up of traditional midwives and health promoters who aim at reducing maternal and infant death. The main activities focus on attending indigenous communities and providing orientation on: sexual and reproductive health, sexual and reproductive rights, warning signs in pregnancy, attention during childbirth and postpartum, among others.

The project also raises awareness of the importance of traditional midwives. Workshops are carried out which involve indigenous youth around the municipality and that deal with the following topics: maternal health, sexual and reproductive health and gender equity.

Work: Volunteers may get involved in different areas;

Midwives support. The volunteer will get involved in activities around five communities belonging to the municipality of Jitotol, in which the he or she will have the opportunity to do work related to midwifery in private homes, assist in filling out forms, reports and birth logs. Accompany the births, and follow up visits for the mother and the newborn and support to create materials for sexual education workshops.

Work with the local community : The volunteer will support with strengthening the Tam Unem organization through projects for the community, creating material and help to carry out workshops such as; bakery, working in medicinal gardens, computer lessons, textiles, computing classes, English lessons to children and adults, etc..

Requirements: Volunteers interested in participating in this project must plan to stay for a minimum of 3 months and be over 18 years old. Volunteers must be mature and demonstrate tolerance and sensitivity to cultural, social, and political differences and situations. They should be ready to live in a community without the commodities and services of a big city.

Location: The project takes place in an indigenous community called Jitotol. It is a rural community located 1,650 meters above sea level, in a beautiful, mountainous region in the north of the state of Chiapas, in southeastern Mexico, about 1 hour and a half from the city of San Cristobal de Las Casas. The community is of Tsotsil Maya origin, where the inhabitants still preserve indigenous native customs and traditions.

Closest Airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Accommodation and Food: Volunteers will stay in the small community of Jitotol, and will be lodged in shared rooms. The house has all the basic services such as water, electricity, shared bathrooms, a small shared kitchen, and a place to wash clothes by hand. Food is not included in the participation fee for this project. Volunteers must buy and cook their own food. The house does include a fridge, stove and places to store food.

Language: An upper-intermediate level of Spanish is necessary since the school children's first language is Tsotsil (an indigenous language from Chiapas). We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute "La Casa en el Árbol". For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,500.00 MXN** each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

BEFORE Applying:

It is indispensable to show a HIGH LEVEL of commitment and responsibility. It is important that all volunteers who apply have the openness and readiness to adapt to the lifestyle conditions during the time that the volunteer service lasts. You can bring any teaching materials you would like to share with the community.

8. Project name: Sueniños

Project code: NAT-ML16-04

Project dates: 4th of June – 16th December 2016

Type of project: EDU, KIDS, CAP

Minimum stay: 3 months

Age: +18

Project: Sueniños is an organization founded in 2005, where the work aims kids and teenagers education from San Cristóbal de las Casas, Chiapas, México. The center is conformed by educators, psychologists, social workers and volunteers. The activities are directly with kids and teenagers living risky situations and disadvantage to get a proper physical and psychological develop, with a lack education opportunities, regardless of their origin, gender or religion. We pretend to strength their personal development to improve their skills, so they can find their own abilities. The organization promotes and defends the child and adolescence rights to build a good life trough ethics, avoiding social exclusion of the minors. The Educational Programs offers; school accompaniment, processes to strengthening human development, artistic projects, cultural, environmental, sports and academic. It can develop learning skills as well as promote healthy nutrition. Promote spaces of coexistence, respect, dialogue and constant learning, which all underage deserves.

In Sueniños we work with around 60 children between 3 and 12 years old. The activities take place after hours, at school: eat, clean up themselves, do their homework and participate in different literacy activities, arts, among other human development projects.

Sueniños is defined as a training and assistance in developing skills and talents based on the skills developed in the official school, and we empowered the skills for a better attainment of the objectives.

Work: The volunteers work around 5 to 7 hours a day, 5 days a week and they get involved in planning and management of activities, workshops, events etc. They will realize integrating games with the kids, teenagers and adults. They have to keep informed the coordination of the group about how the work is evolving and the volunteers can contribute with new ideas to make a better work.

The volunteer can also help with orientation and integration of new volunteers, participating in the final evaluation in each stage of the work or in the last year of school, supporting the kitchen team preparing snacks etc.

They can also have the opportunity to collaborate translating documents (letters, webpage information) and general maintenance of the organization.

Requirements: It is necessary a minimum stay of 3 months, to be older than 18 years old, to be motivated and committed with the volunteer work, experience working with kids

Location: The project takes place in the charming city of San Cristóbal de las Casas, which has managed to maintain its colonial architecture and Mexican flavor while welcoming a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Maya archeological sites, mangroves, waterfalls and beaches. For more information, please visit: www.vivesancristobal.com www.visitmexico.com/en/san-cristobal-de-las-casas.”

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Accommodation and Food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation.

Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,000 MXN each month**. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before Applying: Indispensable to be adaptable to living conditions during the voluntary stay.

9. Project Name: SUEKUN

Project Code: NAT-ML16-05

Project Dates: June 4th – 16th December 2016

Tipo del proyecto: EDU, TEEN, CAP

Minimum Stay: 3 Months

Age: +18 years old

Project: Sueniños is an organization founded in 2005, where the work aims kids and teenagers education from San Cristóbal de las Casas, Chiapas, México. The center is conformed by educators, psychologists, social workers and volunteers.

The activities are directly with kids and teenagers living risky situations and disadvantage to get a proper physical and psychological develop, with a lack education opportunities, regardless of their origin, gender or religion.

We pretend to strength their personal development to improve their skills, so they can find their own abilities. The organization promotes and defends the child and adolescence rights to build a good life trough ethics, avoiding social exclusion of the minors.

The Educational Programs offers; school accompaniment, processes to strengthening human development, artistic projects, cultural, environmental, sports and academic. It can develop learning skills as well as promote healthy nutrition. Promote spaces of coexistence, respect, dialogue and constant learning, which all underage deserves.

SUEKUN works with teenagers from secondary school and high school from Monday to Saturday in the Youth Center Suekun in a healthy and safe space. Suekun makes workshops and projects to promote skills and reading, writing, math, culture, arts and sports competitions. They promote thought the workshops topics such as drugs prevention, addiction prevention, esteem and sexual education.

This program helps to be close to the teenagers to get to know their problems, needs and encourage them. Suekun offers support and advises so they can have good accomplishment in their studies and to have the will to improve themselves.

Work: The volunteers work around 5 to 7 hours a day, 5 days a week and they get involved in plaining and management of activities, workshops, events etc. They will realize integrating games with the teenagers and adults. They have to keep informed the coordination of the group about how the work is evolving and the volunteers can contribute with new ideas to make a better work.

The volunteer can also help with orientation and integration of new volunteers, participating in the final evaluation in each stage of the work or in the last year of school, supporting the kitchen team preparing snacks etc. They can also have the opportunity to collaborate translating documents (letters, webpages information) and general maintenance of the organization.

Requirements: It is necessary a minimum stay of 3 months, to be older than 18 years old, to be motivated and committed with the volunteer work, experience working with kids

Location: The project takes place in the charming city of San Critstóbal de las Casas, which has managed to maintain its colonial architecture and Mexican flavor while welcoming a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Maya archeological sites, mangroves, waterfalls and beaches. For more information, please visit: www.vivesancristobal.com/ [www.visitmexico.com/en/san-cristobal-de-las-casas.](http://www.visitmexico.com/en/san-cristobal-de-las-casas)”

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus

Accommodation and Food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation.

Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,000.00 MXN** each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before Applying: Indispensable to be adaptable to living conditions during the voluntary stay

10. Project Name: Slumalil Tsebetik

Project Code: NAT-ML16-06

Project Dates: From 11th January to 16th December 2016

Type of Project: EDU, TEEN, CAP

Minimum stay : 6 Months

Age: between 18 and 30 years old

Project: La ciudad de las niñas (The city of Indigenous Girls) is a development center which seeks to empower young indigenous women between 15 and 25 years old who are at risk and in vulnerable situations. They focus on building employment skills and personal development, using self-discovery as its basis, to leverage women's empowerment. The activities take place through quarterly training courses, supporting the training process with topics about art, health and self-esteem in addition to technical training for employment. The aim is to strengthen the young women's skills and knowledge in the following areas: hotel services, restaurant services, body language, theater, languages, human rights, citizenship, motivation and leadership.

Work: The main activities the volunteers will focus on are:

- Giving language classes (English, French, Italian, etc.)
- Giving art classes
- Developing evaluation formats for the students
- Managing strategic alliances with civil organizations
- Supervising, giving ongoing attention to and participating in productive projects
- Organizing the logistics of events and workshops
- Recruiting new students

Requirements: Volunteers interested in participating in this projects must plan to stay for a minimum of 6 months and be between 18 and 30 years old, with experience working with civil organizations or similar groups, the ability to manage groups, work as part of a team, and with special abilities to teach languages, art, construction, tourism, etc.

Location: The project takes place in the charming city of San Cristóbal de las Casas, which has managed to maintain its colonial architecture and Mexican flavor while welcoming a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Maya archeological sites, mangroves, waterfalls and beaches. For more information, please visit: www.vivesancristobal.com , www.visitmexico.com/en/san-cristobal-de-las-casas

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus

Accommodation and food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation

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Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,800.00 MXN** each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before Applying: It is indispensable to show commitment, responsibility and ability to adapt to the lifestyle conditions during the time that the volunteer service lasts.

11. Project Name: Jaguar de Madera

Project Code: NAT-ML16-07

Project Dates: from January 11th – December 16th 2016

Project Type: CONS,ENVI,CAP

Minimum Stay: 1 Month

Age: +18 years old

Project: The project Jaguar de Madera (the Wooden Jaguar) it's an educational center of eco-technologies established in 2007 in order to promote the bio-construction, permaculture, carpentry and cultural exchange. After a process of rescue and cleanup of a vacant lot and the support and collaboration of other organizations, it was carried out the rehabilitation and construction of what would become a training center for use and application of various alternative technologies for recycling materials and natural resources. The mission of Jaguar de Madera is to aim the use of efficient natural resources, the sustainable self-sufficiency and improvement of life quality with a positive impact in the environment. Some of the bio-construction techniques applied are; superblock, construction with bottles, cob and adobe. It also develops organic agricultural projects and renewable energies such as "bicimaquinas" (bike-machines), solar panels and wood stove. Likewise, members of the center, follow the alternative philosophy of energetic Kung Fu, with the slogan "Learn to fight for not to fight. The warrior's battles are with himself". So this way they give a spiritual sense to their work (optional practice for volunteers).

Work: Volunteers will be able to learn and practice different techniques of bio-construction, using low cost local recycled materials and natural resources. The tasks will depend on climate conditions and needs of the center, but hard physical work as to be considered. Activities will be related with cabins construction, docks, digesters, gardening, permaculture, poultry and "bicimaquinas" (pedaling bicycles to generate power and operate machines as blenders or washing machines), assist in the design, organization and maintenance workshop and demonstration areas of agroecology, such as the garden and compost area, implement appropriate technologies through the use of materials available at the site whether natural or waste.

Requirements: Interested volunteers to participate in this project must be older than 18 years old, to have an opened mind and flexibility to work in a totally ecological environment and contact with nature and to be prepared for physical work. The project requires a minimum of a month stay. Do not to complain about climate adversities and the living space.

Location: This project will take place in Los Altos del Estado de Chiapas, in southwest of México, in Rancheria San Jose Buena Vista, close to the small and charming city of San Cristóbal de las Casas, which has maintained its colonial architecture and its Mexican flavor, while welcomes a mix of indigenous, national and international cultures. This is a strategic starting point for tourist attractions like parks, lakes, Mayan archeological sites, mangroves, waterfalls and beaches. For more information visit: www.vivesancristobal.com , www.visitmexico.com/en/san-cristobal-de-las-casas

Closest Airport: Closest airport is “Angel Albino Corzo (TGZ)” located in Tuxtla Gutiérrez, Chiapas. Consider that it is necessary to take a transport from the airport to San Cristobal de las Casas either taxi or bus.

Accommodation and Food: Accommodation will be inside of Jaguar de Madera eco-town that still in construction, located in Rancheria San José Buena Vista, around 1 hour away from San Cristobal’s center. Volunteers will sleep in tents (it is required that each volunteer brings its own sleeping bag , tent and yoga mat), actually there are cabins in construction, so, some of them are for hosting volunteers, but sometimes there is not enough room. There are no hot water showers, however water can be boiled and use buckets to get a shower. The kitchen is very basic and ecological so wood stove must be used. About food, volunteers have to bring their own pantry to prepare their own food or, give a small money amount to the responsible of the project for the food. (This money amount is not included in the participation fee). On weekends volunteers can realize recreational activities inside and outside of the project, Nataté is not responsible of volunteers host on weekends. Any special requirement has to be informed before the beginning of the project. All volunteers have to participate in kitchen tasks and cleaning of communal areas.

Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation Fees: Nataté does not get any institutional founding, so it requires a participation fee of **\$2,000.00 MXN monthly** from each volunteer. This fee includes accommodation inside of the eco-town. A part of the amount goes to the project to support the purchase of materials, and also provides support from Nataté during the volunteer process. All transport or food expenses have to be covered by the volunteer.

Before Applying:

You must be ready to live in a natural environment, surrounded by animals, mountain insects, far from daily life commodities.

The drinking water undergoes a natural filtration process according to the permaculture’s philosophy. There is no electricity or telephone signal.

12. Project Name: Tierra Roja

Project Code: NAT-ML16-08

Project Dates: March 1st to December 31th 2016

Project Type: TEACH, EDU, KIDS,SOC

Minimum Stay: 3 Months

Age: 22 to 50 years old

Project: Tierra Roja Cuxtitali is a civil organization founded in December 2015. Its overall objective is to develop intellectual, productive and communicative skills that foster a constructive intercultural dialogue in the population of the urban outskirts of San Cristobal de las Casas; mainly from a small part of the large segment of population in the area, without access to basic education and without knowledge of the dominant language in the region, excluded and marginalized for economic , social, political and cultural issues, also it seeks to reinforce, academic and communication skills of a portion of the school population but with serious deficiencies in their development and learning abilities.

Red earth Cuxtitali collaborates with the school population of children and adult women and population that even if they are enrolled in a formaleducational process of primary education has serious deficiencies learning. Therefore Tierra Roja Cuxtitali aims to satisfy the needs of these two segments of the population, through educational and training activities aimed at infants and adult women (15+ years old) from the neighborhood of Cuxtitali and surroundings with a mixed population.

Work: The volunteer will get involved in activities from Monday to Friday (some activities are conducted in the evenings and some Saturday in a time of no more than 5 hours). The main activities will focus on providing basic education classes to strengthen reading, writing and math skills, as well as creative and educational activities in different areas (art, communication , sports , human rights, permaculture) also conduct training workshops that will be taught to children and parents who attend the organization for strengthening and community development for mutual learning.

Requirements: Volunteers interested in participating in this project must: be at least 20 years old; possess qualities and willingness to work and live with children and adults in vulnerable situations ; with commitment , responsibility and readiness to adapt to the conditions of life devoid of comforts ; Availability for teamwork ; maturity and taste to adapt to work with infants. Interest to know and learn about the socio- cultural context of the participating population. Preferably with experience in teaching mathematics and / or Spanish, or adult literacy processes or work with groups and socio- cultural activities.

Location: The project is carried out in Cuxtitali colony in the charming town of San Cristobal de las Casas, which has maintained its colonial architecture and its Mexican flavor, while welcomes a mix of indigenous cultures, National and international. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Mayan archaeological sites, mangroves, waterfalls and beaches. For more information: www.vivesancristobal.com www.visitmexico.com/en/san-cristobal-de-las-casas

Closest airport: The closest airport is Angel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Accommodation and food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation.

Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,800.00 Mexican pesos MXN** each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Notes: BEFORE APPLYING: It is essential to show high commitment, responsibility, it is important that all applicant volunteers for this project have openness and readiness to adapt to the conditions of life during the time duration of the internship.

13. Name of the project: Skolta'el

Code of the project: NAT-ML16-09

Dates of the project: From February 1st to 31th December 2016

Type of project: EDU, KIDS, SOCI

Minimum stay: 1 month

Age: 18+ years old

Project: Skolta'el Yu'un Jlumaltic (SYJAC), means "benefit to our town" in tsotsil Mayan language, it's a civil association established in 1993 and legally constituted in 1994, works as a link between necessities of people and their communities in synergy with national and international organizations and institutions related. SYJAC vision is to build a more fair, dignified and equitable society in harmony with nature through various activities that promote family welfare, solidarity between communities and the economic, social, cultural, environmental and indigenous. One of the projects currently being implemented by SYJAC is the Educational Centre for Care for Children and Families (CEPAIF), directed to the care and integral development of children 45 days old to 13 years old. The center was created to provide support to single mothers, displaced communities, being the sole support of their families, need support in raising their children. The center is developing new dynamics to strengthen the capabilities and skills of parents and children. The objective is to achieve social transformation through family integration, the processes of teaching and learning, fostering discipline, community engagement, responsibility, values, social services, nutrition of families according to their economic and cultural situation, strengthening hygiene, the counseling and conducting courses and workshops on various topics such as violence, sexuality, conflict resolution, human rights and women's rights, environmental protection, among others.

Work: Volunteers will work from Monday to Friday 6 hours a day and sometimes very specific on weekends. The volunteer may carry out activities in the following areas:

- **ATTENTION TO CHILDREN CENTER:** The volunteer will be involved in the care, attention and emotional skills development of children from the center, offering educational and recreational activities, artistic activities can be developed as a long-range; masks workshops, theater, dance, painting, macramé, music, recycling, games, language classes for children, etc.
- **HEALT: Psychosocial Area:** Volunteer support in conducting courses, workshops, campaigns, etc, to the community and parents who attend the center and strengthen their emotional skills and tools that allow them to know how to solve their problems and avoid emotional crisis.
- **Medical Area:** Volunteer doctors and / or nurses to assist in health campaigns for children's center as well as the constant monitoring of weight and height and attention of parents and staff of the location.
- **Resource Finder:** Volunteers seek strategies in coordination with SYJAC for the collection and funding with public or private institutions of society or government and also work in design, advertising and outreach campaigns, as well as administrative tasks that allow the Civil Association (AC) to be self-sustaining and ensure continuity of services and support to the families of the northern side of the city.

Requirements: Volunteers interested in participating in this project must: be over 18, have a high social and human commitment and an open mind to work and live with children, adolescents, youth and adults in vulnerable situations (indigenous, with medium-high level of poverty); show commitment and willingness to community service, responsibility, work in team, sense of humor, maturity and availability to suit the job.

Location: The project takes place in the charming city of San Cristóbal de las Casas, which has managed to maintain its colonial architecture and Mexican flavor while welcoming a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Maya archeological sites, mangroves, waterfalls and beaches. For more information, please visit: www.vivesancristobal.com, www.visitmexico.com/en/san-cristobal-de-las-casas.

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus

Accommodation and food: Volunteers will stay in a volunteer house designated by Nataté in the city of San Cristóbal de las Casas, in same-sex, shared rooms. They will have access to basic services, shared bathrooms with hot water, and an equipped kitchen. The participation fee does NOT include the costs of food or transportation.

Language: An intermediate level of Spanish is necessary. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of **\$1,800.00 MXN** each month. This fee includes housing and ongoing follow-up throughout the volunteer process. The costs of transportation and food are covered by the volunteer.

Before applying: Indispensable to show commitment, responsibility and readiness to adapt to the conditions of life during the volunteering.

Be aware that you will get involved with children, adolescents youth and families in vulnerable situations and have to formally respect the rules of procedure of both, the SYJAC Center, as Nataté.

14. Project Name: Sea turtle MAINTENANCE

Code	Name	Start	End	Type	Vols	Age	Fee
NAT-WC16-02	Sea turtle MAINTENANCE 1	11 Mar	25 Mar	ENVI/SOCI	10	+18	\$2,800 MXN
NAT-WC16-04	Sea turtle MAINTENANCE 2	8 Apr	22 Apr	ENVI/SOCI	10	+18	\$2,800 MXN
NAT-WC16-05	Sea turtle MAINTENANCE 3	13 May	27 May	ENVI/SOCI	10	+18	\$2,800 MXN

Project: Four of the eight sea turtle species in Mexico (all of which are endangered) come to nest on the coasts of Chiapas. The beaches where the work camps take place are some of the 144 beaches in Mexico where the sea turtles come to nest, and they are also within the 22 beaches in Mexico where there is a high level of turtle nest looting. In an effort to rescue them, the sea turtle eggs as well as the recently born sea turtles, the sea turtle sanctuaries collect the eggs and rebury them in protected areas in order to keep them safe. Once they hatch, the sea turtles are recorded and set free under the projection of the sanctuary staff. The sanctuaries are open to the public and provide information about the sea turtles and the work that the conservation provides. The Secretary of Environment and Natural History of Chiapas supports this project and actively looks for involvement on part of the local community, students, scientists and volunteers. The objective of this project is to continue to protect the sea turtles by collaborating with international volunteers and being part of the global movement that tries to promote the understanding and conservation as well as the wellbeing and biodiversity of our oceans.

Work: The volunteers will work directly with the sanctuary staff, other local volunteers and biologists that patrol the beach. During the months of March, April and May, the volunteers will participate in maintaining the hatcheries (maintaining the shade meshing, changing PVC pipes, sifting sand), cleaning nests and tanks, attending to visitors and tourists. It is important to note that during these months there will be no beach patrols since IT IS NOT THE SEA TURTLE SEASON. Cleaning the nests is the predominate activity that will occur during these work camps. It is important to take into account that there can be very unpleasant odors during this cleaning work.

Requirements: Volunteers interested in participating in this work camp must: be at least 18 years old; be very motivated to participate in the activities that the center develops to preserve the sea turtle species; be willing to work day and night under weather conditions that occasionally can be extreme for some volunteers; be able to tolerate mosquitos, ants and other insects that can be found while fulfilling the work camp activities; and most importantly, be creative to propose leisure activities during the non-working hours during the day.

Location: Depending on the project's needs, the volunteers can be required at one of the following three locations: Puerto Arista, Boca del Cielo, or Barra Zacapulco. For more information on these places, visit <http://www.turismochiapas.gob.mx/sectur/sol-y-playa>

Closest airport: The closest international airport is Ángel Albino Corzo (TGZ) in the city of Tuxtla Gutierrez. Please keep in mind that from the airport you will have to arrive by taxi or bus to San Cristóbal de las Casas, Chiapas where Nataté's office is located.

Accommodation and Food: The volunteers will stay in tents on the beaches within the sea turtle sanctuary. It is necessary that each volunteer have a sleeping bag or sleeping mat like a yoga mat, as well as a mosquito net. The tents will be shared and provided by Nataté, however, for your comfort, it is recommended that each volunteer have his/her own tent. The center has basic services like bathrooms, showers (without hot water) and a kitchen. The work camps include three, standard quantity meals per day (approximately 300 grams per portion); additional quantities of food should be paid for by the volunteer. Any special dietary needs should be informed before the beginning of the work camp.

Language: In this work camp the official language is English, however, having a basic level of Spanish is ideal. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a participation fee of \$2,800 MXN. . This fee includes housing, food and ongoing follow-up throughout the volunteer service. The fee includes transportation from Nataté to the project. It does not include the return trip to San Cristóbal de las Casas, Chiapas

Notes: Before Applying.

If you find yourself in the mangrove area, mosquito bites are inevitable, which is why we ask that you be conscious of this and are sure that you are not allergic to any insect bites.

Upon applying it is necessary to have medical insurance and provide the following information: any allergies you may have and your blood type.

From March to May, the temperature is above 35°C, from May to September there is a hot season, and there is a rainy season from September to December. Although the temperatures are high and there are some rain showers, it is important to bring insect repellent and appropriate clothes that will cover the majority of your body. The sleeping accommodations are not comfortable – they are shared and do not have beds. The volunteers will sleep in the tents or hammocks outside.

If you suspect or know you have any allergic reactions to insect bites, your participation is at your own risk.

15. Project Name: Sea Turtle Workcamp

Code	Name	Start	End	Type	Vols	Age	Fee
NAT-WC16-06	Sea turtle 1	10 Jun	24 Jun	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-12	Sea turtle 2	2 Sep	16 Sep	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-13	Sea turtle 3	16 Sep	30 Sep	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-14	Sea turtle 4	07 Oct	21 Oct	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-17	Sea turtle 5	11 Nov	25 Nov	ENVI/ANI	10	+18	\$3,100 MXN
NAT-WC16-18	Sea turtle 6	02Dec	16 Dec	ENVI/ANI	10	+18	\$3,100 MXN

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Project: Four of the eight sea turtle species in Mexico (all of which are endangered) come to nest on the coasts of Chiapas. The beaches where the work camps take place are some of the 144 beaches in Mexico where the sea turtles come to nest, and they are also within the 22 beaches in Mexico where there is a high level of turtle nest looting. In an effort to rescue them, the sea turtle eggs as well as the recently born sea turtles, the sea turtle sanctuaries collect the eggs and rebury them in protected areas in order to keep them safe. Once they hatch, the sea turtles are recorded and set free under the projection of the sanctuary staff. The sanctuaries are open to the public and provide information about the sea turtles and the work that the conservation provides. The Secretary of Environment and Natural History of Chiapas supports this project and actively looks for involvement on part of the local community, students, scientists and volunteers. The objective of this project is to continue to protect the sea turtles by collaborating with international volunteers and being part of the global movement that tries to promote the understanding and conservation as well as the wellbeing and biodiversity of our oceans.

Work: The volunteers will work directly with the sanctuary staff, other local volunteers and biologists that patrol the beach. Between the months of June to December, the majority of the work is done at night, and the volunteers must adapt to this work schedule. The activities consist of rescuing the sea turtles that come to nest on the beach by: patrolling the beaches looking for nests or nesting sea turtles, digging up and collecting the eggs to re-bury them in the protected areas of the sanctuary, and helping to care for and set free the recently born sea turtles. The volunteers will also take care of a clean the spaces where sea turtles found on the beaches receive medical attention. Moreover, they will help collect statistical data about nest and egg counts, and feed sea turtles. Other work will be related to the maintenance and improvement of the sanctuary site, giving talks about the environment and how to care for the sea turtles to tourists and residents in the area.

Requirements: Volunteers interested in participating in this work camp must: be at least 18 years old; be very motivated to participate in the activities that the center develops to preserve the sea turtle species; be willing to work day and night under weather conditions that occasionally can be extreme for some volunteers; be able to tolerate mosquitos, ants and other insects that can be found while fulfilling the work camp activities; and most importantly, be creative to propose leisure activities during the non-working hours during the day.

Location: Depending on the project's needs, the volunteers can be required at one of the following three locations: Puerto Arista, Boca del Cielo, or Barra Zacapulco. For more information on these places, visit <http://www.turismochiapas.gob.mx/sectur/sol-y-playa>

Closest Airport: The closest international airport is Ángel Albino Corzo (TGZ) in the city of Tuxtla Gutierrez. Please keep in mind that from the airport you will have arrive by taxi or bus to San Cristóbal de las Casas, Chiapas where Nataté's office is located.

Accommodation and Food: The volunteers will stay in tents on the beaches within the sea turtle sanctuary. It is necessary that each volunteer have a sleeping bag or sleeping mat like a yoga mat, as well as a mosquito net. The tents will be shared and provided by Nataté, however, for your comfort, it is recommended that each volunteer have his/her own tent. The center has basic services like bathrooms, showers (without hot water) and a kitchen. The work camps include three, standard quantity meals per day (approximately 300 grams per portion); additional quantities of food should be paid for by the volunteer. Any special dietary needs should be informed before the beginning of the work camp.

Language: In this work camp the official language is English, however, having a basic level of Spanish is ideal. We encourage volunteers who require intensive language classes to improve their Spanish, or any other international or indigenous Maya language, to matriculate in the language and culture institute La Casa en el Árbol. For more information, please visit: www.lacasaenelarbol.org

Participation fee: Nataté does not receive any type of funding, private or public, which is why each volunteer is required to pay a **participation fee of \$3,100 MXN**. This fee includes housing, food and ongoing follow-up throughout the volunteer service. The fee includes transportation from Nataté to the project. It does not include the return trip to San Cristóbal de las Casas, Chiapas

Notes: Before Applying.

If you find yourself in the mangrove area, mosquito bites are inevitable, which is why we ask that you be conscious of this and are sure that you are not allergic to any insect bites.

Upon applying it is necessary to have medical insurance and provide the following information: any allergies you may have and your blood type.

From March to May, the temperature is above 35°C, from May to September there is a hot season, and there is a rainy season from September to December. Although the temperatures are high and there are some rain showers, it is important to bring insect repellent and appropriate clothes that will cover the majority of your body. The sleeping accommodations are not comfortable – they are shared and do not have beds. The volunteers will sleep in the tents or hammocks outside.

If you suspect or know you have any allergic reactions to insect bites, your participation is at your own risk.

16. Project Name : Jaguar de Madera

Code	Name	Start	End	Type	Vol	Age	Fee
NAT-WC16-01	Jaguar de Madera "Fogón Ecológico"	12 Feb	26 Feb	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-03	Jaguar de Madera "Muro y Gradas de Llantas"	18 Mar	01 Apr	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-07	Jaguar de Madera " Construcción Ecológica"	10 Jun	24 Jun	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-09	Jaguar de Madera " Terrazas en Super Adobe"	15 Jul	29 Jul	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-11	Jaguar de Madera "Temazcal y Horno Tradi"	05 Aug	19 Aug	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-15	Jaguar de Madera "Bicimaquinas"	07 Oct	21 Oct	ENVI/CONS/CAP	10	+18	\$2,800 MX
NAT-WC16-19	Jaguar de Madera "Muebles y Juegos Artisticos"	02 Dec	16 Dec	ENVI/CONS/CAP	10	+18	\$2,800 MX

Project: The project Jaguar de Madera (the Wooden Jaguar) it’s an educational center of eco-technologies established in 2007 in order to promote the bio-construction, permaculture, carpentry and cultural exchange.

After a process of rescue and cleanup of a vacant lot and the support and collaboration of other organizations, it was carried out the rehabilitation and construction of what would become a training center for use and application of

various alternative technologies for recycling materials and natural resources. The mission of Jaguar de Madera is to aim the use of efficient natural resources, the sustainable self-sufficiency and improvement of life quality with a positive impact in the environment. Some of the bio-construction techniques applied are; superblock, construction with bottle, cob and adobe. It also develops organic agricultural projects and renewable energies such as “bicimaquinas” (bike-machines), solar panels and wood stove. Likewise, members of the center, follow the alternative philosophy of energetic Kung Fu, with the slogan “Learn to fight for not to fight. The warrior’s battles are with himself”. So this way they give a spiritual sense to their work (optional practice for volunteers).

Work: Volunteers will be able to learn and practice different techniques of bio-construction, using low cost local recycled materials and natural resources. The tasks will depend on climate conditions and needs of the center, but hard physical work as to be considered, each workcamp will have as principal aim to achieve the following activities according to the next calendar.

- February; making of an ecological stove and traditional chimney.
- March; Making of walls and mud terraces.
- June; Ecological construction.
- July; Making of super adobe and rock terraces.
- August; Construction of a “Temazcal” and traditional oven.
- October; Making of bici-maquinas (bike-machines)
- December; Making of artistic furniture and stuff with recycled materials.

Requirements: Interested volunteers to participate in this project must be older than 18 years old, to have an opened mind and flexibility to work in a totally ecological environment and contact with nature and to be prepared for physical work. The project requires a minimum of a month stay. Do not to complain about climate adversities and the living space.

Location: This project will take place in Los Altos del Estado de Chiapas, in southwest of México, in Rancheria San Jose Buena Vista, close to the small and charming city of San Cristóbal de las Casas, which has maintained its colonial architecture and its Mexican flavor, while welcomes a mix of indigenous, national and international cultures. This is a strategic starting point for tourist attractions like parks, lakes, Mayan archeological sites, mangroves, waterfalls and beaches. For more information visit: www.vivesancristobal.com www.visitmexico.com/en/san-cristobal-de-las-casas

Closest Airport: Closest airport is “Angel Albino Corzo (TGZ)” located in Tuxtla Gutiérrez, Chiapas. Consider that it is necessary to take a transport from the airport to San Cristobal de las Casas either taxi or bus.

Accommodation and Food: Accommodation will depend on the workcamp location, it can be in San Cristobal de las Casas city or in the eco-town Jaguar de Madera which still in construction, located in Rancheria San Jose Buena Vista around 1 hour away from San Cristobal’s center. Volunteers will sleep ins specific places for their relaxation in tents (it is required that each volunteer brings its own sleeping bag , tent and yoga mat), actually there are cabins in construction, so, some of them are for hosting volunteers, but sometimes there is not enough room. There are no hot water showers, however water can be boiled and use buckets to get a shower. The kitchen is very basic and ecological so wood stove must be used and all volunteers will participate cooking. Workcamps include 3 meals a day is standard quantities (300grams portion approximately), Extra food portions have to be covered by the volunteer. Any special diet requirement has to be informed by the volunteer before the beginning of the project.

Language: In this project the official language is English, however a basic level of Spanish would be helpful. We invite volunteers to get an intensive course if requested for Spanish or another language (international or Mayan indigenous with an extra fee) in La Casa en el Arbol Cultural Institute. Courses can be taken one week before the beginning of the project. For more information visit: www.lacasaenelarbol.org

Participation Fee: Nataté does not get any institutional founding, so it requires a participation fee of **\$2,800.00 MXN** from each volunteer. This fee includes accommodation, food and support from Nataté during the volunteer process.

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This fee includes transport from the office of Nataté to the project. Does not includes the transport back from the project to San Cristobal de las Casas.

Note: Before Applying

Mosquito bites are unavoidable and insects are very common because of the forest area, so, we ask you to be conscious of this fact and be sure you are not allergic.

The drinking water undergoes a natural filtration process according to the permaculture’s philosophy. There is no electricity or telephone signal.

17. Project Name: Parque Educativo San José

Code	Name	Start	End	Type	Vol	Age	Fee
NAT-WC16-20	Rehabilitation PESJ	04 Mar	18 Mar	RENO/CONS/ENVI	10	+18	\$2,500 MX
NAT-WC16-21	Construction PESJ	08 Jul	22 Jul	RENO/CONS/ENVI	10	+18	\$2,500 MX
NAT-WC16-22	Maintenance PESJ	11 Nov	25 Nov	RENO/CONS/ENVI	10	+18	\$2,500 MX

Project: Parque Educativo San Jose (San José Educational Park of the Ministry of Environment and Natural History), is a Center for Environmental Education and training culture that encourages a participatory society towards the conservation of natural resources in high-Tseltal Tsotsil region of Chiapas. Located 8 km from the city of San Cristobal de las Casas, Chiapas, on the campus of San Jose Rosal municipality of Zinacantan. The San José Educational Park is an area of 16 hectares of pine-oak forest little disturbed and ecologically important in terms of conservation of flora and fauna. Within this park is the Environmental Management Unit (UMA) and the Biological Station, therefore, among the projects that are part of this new vision of development are the construction, rehabilitation and maintenance of park facilities, pretending that by the end of July is reapture ECOZoo with the name of San Jose.

Work: Interested volunteers will participate in the following activities according to selected dates:

March: Support for the construction and rehabilitation of an enclosure / cage that will be used to display a specimen mammal, which requires : Retired current mesh that covers the entire enclosure, cutting, welding of the tubes as a basis for closure , preparation of the mixture (cement, sand and gravel) and placement of the tubes, tensioning and positioning of the new netting , shape and placement of the door closure , cubicle construction safety, construction of the burrow, depending on the setting closure species, environmental enrichment closure.

- July: Continue to build Closure / cage of a mammal endangered , this will depend on the progress to be made with the camp of March, also volunteers of this camp support in rehabilitation and setting for its reopening with new vision of a major tourist attraction on the biodiversity of the region with the name of ECOZoo.
- November: The work will be focused on maintenance of the park (physical / operational work).

Requirements: Volunteers interested in participating in this project must: be over 18; have an open mind and flexibility to work in an environment in full contact with nature; be ready to do physical work.

Location: The park belongs to the municipality of Zinacantan. It is 8 km from the city of San Cristobal de las Casas, Chiapas (approximately 15 minutes with public transport). San Cristobal is a charming little town that has maintained its colonial architecture and its Mexican flavor, welcoming a mixture of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus

Accommodation and Food: Volunteers will stay at the project facilities in a shared mixed room, and must bring their own sleeping bag and blankets. They have access to services such as hot water, bathrooms and kitchen. The camps include three meals a day in standard quantities (300 grams per serving), additional quantities of this should be covered by the volunteer. Any special dietary requirements should be informed before the start of camp.

Language: In this project the official language is English, however, a basic level of Spanish would be ideal for volunteers to enroll in an intensive program of learning Spanish, or any other international indigenous Mayan language (extra cost) at school in La casa en el árbol Cultural Institute is invited. The courses may be taken one week before the commencement of work on the project. For more information: www.lacasaenelarbol.org

Participation fees: NATATÉ does not receive funding from any institution, therefore, requires from each volunteer a contribution for the participation fee of \$ 2,500 MXN. This rate includes accommodation, food and advice throughout the process of volunteering. The fee includes the transport from Nataté office to the project. Does not include the return to San Cristobal de las Casas, Chiapas.

Notes: BEFORE APPLYING.

Being in wooded area, mosquito bites and insects are inevitable for this reason we ask you to be aware and to know if you're not allergic to the sting.

18. Project Name: Summer Camp 1 Kuxul Lum

Project Code: NAT-WC16-08

Dates: From 15th to 29 of July 2016

Project Type: EDU, KIDS, SUMM

Project: For 3 consecutive years Nataté International Volunteer invites interested volunteers to participate in our summer camp where, educational and recreational dynamics are fundamental axis of the project. The camp is located in the community of San José Ocotol, in the town of Teopisca, where most of the children do not have access to formal education, and that often help their families make small trading or domestic activities. The main objective of this camp is to give these children a chance to learn and have fun in a multicultural environment.

Work: Volunteers can be involved in the invitation of the group of children to participate in the camp, making it more attractive for them and parents to attend. Depending on the number and ages of the participants, groups can get organized to facilitate activities. Each camp has a main theme, this year will focus on the theme of "Climate Change", during the camp, may carry extra activities as teaching other languages (words, songs, games); artistic activities (workshops masks, painting, macramé, music); recycling (reusing waste to other objects as musical instruments); games (team, recreation, mental games); skills (construction, coordination), the final program of activities will be defined by the group before the start of the camp, without losing the line of the MAIN THEME.

Requirements: Volunteers interested in participating in this project must: be over 18; Being open to work and live with children in vulnerable situations (indigenous, with medium-high level of poverty; show commitment, responsibility and readiness to adapt to the conditions of life during the two weeks of camp; work in team; sense of humor; show commitment, maturity and availability to adapt to work with infants. Volunteers who wish to contact Nataté for early proposal; material and complementary activities may do so in order to make the experience more enriching.

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Location: The project is in the town of Teopisca, at an altitude 1,780 meters above sea level and 40 minutes from the city of the charming town of San Cristobal de las Casas, which has kept its architecture colonial and Mexican flavor, while welcomes a mix of indigenous, national and international cultures. Similarly, it is a strategic starting point to tourist attractions like parks, lakes, Mayan archaeological sites, mangroves, waterfalls and beaches. For more information: www.vivesancristobal.com / www.visitmexico.com/en/san-cristobal-de-las-casas.

Closest Airport: Closest airport is “Angel Albino Corzo (TGZ)” located in Tuxtla Gutiérrez, Chiapas. Consider that it is necessary to take a transport from the airport to San Cristobal de las Casas either taxi or bus.

Accommodation and Food: Volunteers will stay in a cabin with wooden bunk beds (it is important to bring with you Sleeping Bag) where the whole group will share the same space. They have access to all basic services including hot water. You do not have internet signal and in some areas you can get cell phone coverage. The project includes three meals a day in standard quantities (300 grams per serving), additional quantities of this should be covered by the volunteer. Any special dietary requirements should be informed before the start of volunteering

Language: An intermediate level of Spanish is required. Volunteers who require to register for an intensive breeding program Spanish or some other international or indigenous Mayan language (before or after your project) in school La casa en el árbol Cultural Center is invited. For more information: www.lacasaenelarbol.org

Participation fee: Nataté does not receive any funding from other institutions, requires that each volunteer pays a participation fee of **\$3,100.00 pesos**, fee pays for; lodging, food and advice throughout volunteering to ensure that both parties are fully satisfied with the work.

Notes: BEFORE APPLYING. It is hot season and rain, it is important to bring repellent and clothing that covers most of your body, proper gear and remember an appropriate behavior in front of the children in a community, the place of accommodation is not comfortable, the space is shared and has no beds so volunteers will sleep on cots.

19. Project Name: Summer Camp 2 San Cristóbal

Project Code: NAT-WC16-08

Dates: from 5th to 19 of August 2016

Project Type: EDU, KIDS, SUM




Project: Every year, International Volunteer Nataté invites interested volunteers to participate in a summer camp, aimed at children aged between 6 to 13 years, where educational and recreational dynamics are the primary focus of the project.

The main objective of this camp is to provide an opportunity for learning and fun for children of this sector of society who do not have access to formal education, and in many cases, help their families doing household or trading activities.

Work: The main theme for this camp will be: *"Climate Change" How does it affect us?* Volunteers will be involved in various activities. Depending on the number and ages of the participants, groups can be organized to facilitate the development of the program. Regardless of the theme of the camp volunteers can implement extra activities such as teaching other languages (words, songs, games) ; artistic activities (dancing, singing, painting, etc.) ; recycling (reusing waste of other objects as musical instruments) ; games (team , recreation , mental games); skills (construction, coordination), **the final program of activities will be defined by the group of volunteers before the start of the camp.**

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Requirements: Volunteers interested in participating in this project must: be over 18; show commitment, responsibility and readiness to adapt to the conditions of life during the two weeks of camp; work in team; sense of humor; show commitment, maturity and availability to adapt to work with kids. Volunteers who wish to contact Nataté proposal for early issues, material and complementary activities may do so in order to make the experience more enriching.

Location: The project will take place in the neighborhood "Santuario", at an altitude of 2,200 meters above sea level, in the city of San Cristobal de las Casas, which has maintained its colonial architecture and its flavor Mexican, while welcomes a mix of indigenous, national and international cultures. Also, it is a strategic starting point to tourist attractions like parks, lakes, Mayan archaeological sites, mangroves, waterfalls and beaches. For more information: www.vivesancristobal.com / www.visitmexico.com/en/san-cristobal-de-las-casas.

Accommodation and Food: Volunteers will be accommodated in a space with adapted cots (it is important to bring with you Sleeping Bag) where the whole group will share the same space. They have access to all basic services including hot water. You do not have internet signal and in some areas you can get cell phone coverage. The project includes three meals a day in standard quantities (300 grams per serving), additional quantities of this should be covered by the volunteer. Any special dietary requirements should be informed before the start of volunteering.

Closest Airport: Closest airport is "Angel Albino Corzo (TGZ)" located in Tuxtla Gutiérrez, Chiapas. Consider that it is necessary to take a transport from the airport to San Cristobal de las Casas either taxi or bus.

Language: An intermediate level of Spanish is required. Volunteers who require to register for an intensive breeding program Spanish or some other international or indigenous Mayan language are invited (before or after your project) to the school La Casa en el Arbol Cultural Institute . For more information: www.lacasaenelarbol.org

Participation fees: Nataté does not receive any funding from other institutions, requires that each volunteer pays a participation fee of **\$3,100.00 pesos** (about 180 euros) fee pays for; lodging, food and advice throughout volunteering to ensure that both parties are fully satisfied with the work.

Notes: BEFORE APPLYING. It is hot season and rain, it is important to bring repellent and clothing that covers most of your body, proper gear and remember an appropriate behavior in front of children in a community, the place of accommodation is not comfortable, the space is shared and has no beds so volunteers will sleep on cots.

20. Project name: Re-Acciona! (Rehabilitation of public spaces)

Project Code: NAT- WC16-19

Project dates: From 11th to 18th November 2016

Project Type: RENO / SOCI

Project: Nataté in collaboration with volunteers and residents of underdeveloped areas inside the city of San Cristobal de las Casas drive the initiative to restore and rehabilitate public spaces for recreation and social development; through the planning and development of training workshops and training in these areas.

Work: Volunteers will be involved in the rehabilitation and maintenance of public spaces in a specific sector of the city, in order to enable it for future workshops aimed to children, women, youth and adults of the town.

Requirements: Volunteers interested in participating in this project must: be over 18 years old; Being open to work full days and taking into account that most of the work is physical , show commitment, responsibility and readiness to

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adapt to the living conditions in the camp ,to know how to work in team, sense of humor, show commitment , maturity and initiative.

Location: The project will take place in the neighborhood "Santuario ", at an altitude of 2,200 meters above sea level, in the city of San Cristobal de las Casas, which has maintained its colonial architecture and its Mexican flavor, while welcomes a mix of indigenous , national and international cultures. Also, it is a strategic starting point to tourist attractions like parks, lakes, Mayan archaeological sites, mangroves, waterfalls and beaches. For more information: www.vivesancristobal.com / www.visitmexico.com/en/san-cristobal-de-las-casas.

Closest airport: The closest airport is Ángel Albino Corzo (TGZ), located in the capital city of Tuxtla Gutierrez, Chiapas. Please keep in mind that it is necessary to travel from the airport to the city of San Cristóbal de las Casas in a taxi or bus.

Host and Food: Volunteers will be accommodated in a space adapted cots (it is important to bring with you Sleeping Bag) where the whole group will share the same space. They have access to all basic services. You do not have internet signal and in some areas you can get cell phone coverage. The project includes three meals a day in standard quantities (300 grams per serving), additional quantities of this should be covered by the volunteer. Any special dietary requirements should be informed before the start of volunteering

Language: The camp will be developed in English, but a basic level of Spanish is required. We invite volunteers who require it, to register for an intensive breeding program of Spanish or some other international or indigenous Mayan language (before or after your project) in school La Casa en el Arbol cultural Center is invited. For more information: www.lacasaenelarbol.org.

Participation fees: Nataté does not receive any funding from other institutions, we require that each volunteer pays a participation fee of **\$2,100.00 pesos**. Fee pay for; host, food, tools and advice throughout volunteering to ensure that both parties are fully satisfied with the work.

Notes: BEFORE APPLYING. You have to be willing to adapt to the conditions of hosting, which will not be comfortable, remember that space is shared and does not have beds so volunteers will sleep on cots and / or cushions. This camp where the work is physical.

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www.servicevolontaire.org!