

## WORKCAMPS PROGRAMME FOR 2016

CODE	NAME	LOCATION	START	END	TYPE	NO. OF INT VOLS.	AGE	REMARKS
FIYE 601	Jedrus 1	Jozefow	2016-06-26	2016-07-09	KIDS	10	18-30	
FIYE 602	Jedrus 2	Jozefow	2016-07-10	2016-07-23	KIDS	10	18-30	
FIYE 603	Przedwiosnie 1	Warsaw	2016-07-03	2016-07-16	DISA	9	18-30	ML
FIYE 604	Przedwiosnie 2	Warsaw	2016-08-14	2016-08-27	DISA	9	18-30	ML
FIYE 605	Glaz 1	Glaz	2016-07-09	2016-07-21	EDU	5	18-30	ML
FIYE 606	Glaz 2	Glaz	2016-07-22	2016-08-03	EDU	5	18-30	ML
FIYE 607	Ptaszki	Ptaszki	2016-07-18	2016-07-27	DISA/MAN	4	18-30	ML
FIYE 608	Nadlesnictwo	Pultusk	2016-08-07	2016-08-20	MANU/ENV	9	18-30	
FIYE 609	Folkowisko	Gorajec	2016-07-06	2016-07-12	FEST	6	18-30	ML

- We will accept applications to our workcamps from **14th of March**.
- There are **no extra fees** on FIYE workcamps.
- Individual applications are not accepted.
- FIYE provides basic accident insurance for international volunteers. Therefore it is recommended for all volunteers to obtain their own travel insurance before coming to Poland.
- FIYE sends all exchange-related documents to the partner organisations concerned (not directly to the volunteers) and expects the same procedure from its partners.

All volunteers who wish to take part in projects organised by FIYE are required to fulfil the following criteria:

- Be between 18 and 30 years of age. **Volunteers above 30 are also welcome to apply** - individual cases will be considered.
- Speak some English, be able to understand simple instructions, follow safety regulations, and take part in workcamp life related discussions. Volunteers applying to work and teach English in the course of a workcamp must speak English fluently and possess some basic pedagogical skills in order to run workshops, teaching English to foreigners, etc. They should be open, interactive and tolerant.
- For certain social projects, volunteers are expected to be highly motivated and dedicated to working with disadvantaged and disabled individuals. They should be ready to provide all kinds of assistance to the local staff, be responsible both for themselves and others, and be flexible and open-minded. If explicitly stated, FIYE might require some recommendations or documents certifying language skills or previous experience and involvement in similar social projects.

### PROJECT:

Volunteers are expected to participate in the project approximately 30 hours a week. The schedule is largely up to the co-ordinator(s), but suggestions from participants are more than welcome. Weekends are usually free, however, some projects may require weekend volunteering as well. In such cases, volunteers will need to be flexible and adjust to the institution's regulations. Leisure time is largely up to the group and co-ordinators.

#### WHAT IS PROVIDED ON A WORKCAMP:

**FOOD** – usually, the volunteers are served three meals a day in a local canteen. Alternatively, if explicitly indicated in the brochure, the volunteers prepare their meals themselves.

**ACCOMMODATION** – is provided at local schools, youth centres or sometimes in tents, all having access to all basic facilities (toilets, showers). Sometimes the volunteers are requested to bring sleeping bags, as indicated in the brochure.

One workcamp **LEADER** and possibly an activity **CO-ORDINATOR** - The leader acts as a group coordinator and is responsible for assuring that the whole workcamp runs smoothly and that all potential problems and misunderstandings are quickly resolved. He/she is also a volunteer and doesn't get paid for being the leader. She/He makes sure that the volunteers feel well and that the food and accommodation are satisfactory. He/she monitors and supervises all activities. Moreover, he/she tries to live up to the group's needs and is responsible for coordinating free time activities (e.g. organising trips and excursions). Above all, his/her role is to integrate the participants and to maintain a friendly atmosphere throughout the workcamp. Should there be an activity co-ordinator, he/she is responsible for making sure that all volunteers are aware of their duties. He/she distributes and supervises daily tasks, makes sure that all volunteers have the proper equipment and is in close contact with the local host. All co-ordinators volunteer alongside with participants.

#### WHAT A VOLUNTEER NEEDS TO PROVIDE:

- The volunteer covers all costs related to travel and insurance (we provide only basic accident insurance)
- A sleeping bag/mattress if explicitly stated
- Pocket money: the volunteers receive no money in return for their volunteering and need to cover expenses related to the leisure time activities (bus fares, pubs, museums, discos, restaurants and transportation).
- Proper clothes: this is particularly important for construction, renovation and manual projects.
- In certain cases of educational camps, where the volunteers help teaching English to kids, they are expected to prepare respective teaching materials before coming to the workcamp.
- Any extra materials and supplies that a volunteer may need for interactive games and role playing. Something typical from his/her home country (a costume, album, tape or postcard) to present to others are more than welcome.

FIYE 601	JEDRUS 1	Jozefow	2016-06-26	2016-07-09	KIDS	10	18-30
FIYE 602	JEDRUS 2	Jozefow	2016-07-10	2016-07-23	KIDS	10	18-30

PROJECT: Sociotherapy Center for Youth "Jedrus" is a center that throughout all the year provides education, boarding and therapies for children with learning difficulties. In summer they organize a programme for local children who stay in the city. Volunteers will help to organize games, workshops.

ACTIVITIES: The task will be to help the local community organize a program called "Summer in the City," for the children and youth who are staying in the town during summer holidays. Volunteers will get involved in two youth centres of the local parishes, in two groups. The daily program will include: games, sports, arts & crafts, excursions, cinema outings, playground activities, swimming-pool, and other events.

ACCOMMODATION: Volunteers will stay on the premises of the boarding school, in rooms equipped with all standard facilities - beds and sheets will be provided so there is no need to bring mattresses or sleeping bags. There is also a washing machine. During the week meals will be served. At weekends volunteers may need to prepare their own meals, from the products bought by the host (the volunteers will have access to the kitchen).

LOCATION: Michalin is a district of Jozefow – a small town near Warsaw, located upon the Swider river and surrounded by the Mazovian Landscape Park. You can see nice pictures of the place here:

[http://www.michalin.pl/swider/?modul=zdjecia\\_kategorie&kategoria=1](http://www.michalin.pl/swider/?modul=zdjecia_kategorie&kategoria=1) (website only in Polish).

TERMINAL: The nearest international railway station and airport are located in Warsaw.

LANGUAGE: English

FIYE 603	PRZEDWIOSNIE 1	Warsaw	2016-07-03	2016-07-16	DISA	9	18-30	ML
FIYE 604	PRZEDWIOSNIE 2	Warsaw	2016-08-14	2016-08-27	DISA	9	18-30	ML

PROJECT: The workcamp is organised by the Social Care Centre „Na Przedwiosniu”, which was established in 1970 to care for intellectually disabled people. At the moment the Centre takes care for 163 patients. The presence of international volunteers greatly helps breaking the wall of social isolation that our patients experience. This social exclusion negatively influences both their physical and mental states, but thanks to our international volunteers, the patients have the opportunity to interact with different cultures, traditions and languages.

ACTIVITIES: Volunteers will help to organize games, craft activities and excursions for patients. They will also assist staff in everyday care (e.g. feeding, walks) and help running occupational therapy workshops.

ACCOMMODATION: In the building of Social Care Centre. Volunteers will sleep on mattresses in 2 common rooms. They should bring their own sleeping bag and pillow. All meals will be provided by the Centre's canteen.

LOCATION: Social Care Center „Na Przedwiosniu” is situated in a suburb of Warsaw, capital city of Poland. It takes around 45 minutes by city transport to get to the center of Warsaw.

TERMINAL: The nearest major railway station and airport are located in Warsaw (1 hour ride by the public transport).

SPECIAL REQUIREMENTS: Volunteers must be ready to get involved with intellectually disabled people and should have a strong motivation to do so. Previous experience in this field would be an asset. Please send a short **MOTIVATION LETTER!**

FIYE 605	GLAZ 1	Glaz (Galewice)	2016-07-09	2016-07-21	EDU	5	18-30	ML
FIYE 606	GLAZ 2	Glaz (Galewice)	2016-07-22	2016-08-03	EDU	5	18-30	ML

PROJECT: Holiday Centre for Children run by Children's Friends Association is organizing summer camps for school children aged 7-16, with an element of non-formal language training. Volunteers will prepare and conduct language course for them.

ACTIVITIES: The volunteers will be conducting language workshops and animating free time activities for the children. In the morning the volunteers will run language classes and in the afternoon they will play sports, games, go on excursions,

etc. The camp will host around 60 pupils from primary and junior high schools. Several groups will be formed with around 5-10 pupils each, having similar language skills in every group (a few English groups).

The foreign volunteers are expected to: conduct language lessons in an informal way and prepare TEACHING MATERIALS before coming to the workcamp, take part in games, recreational activities and excursions, assist in running the educational programmes and prepare an international day (bringing postcards, photos, music, recipes, etc from your country would be very helpful).

**ACCOMMODATION:** Volunteers will stay in a children's holiday house. Beds and sheets will be provided. All meals will be served in a canteen.

**LOCATION:** Glaz is a very small village located in the south-western part of Poland between Lodz and Wroclaw. It is surrounded by a beautiful forest.

**TERMINAL:** The nearest international railway station and airport are located in Wroclaw or Lodz. The nearest local train and bus station is in Wieruszow.

**LANGUAGE:** English

**SPECIAL REQUIREMENTS:** Preparing materials before the workcamp is required and some experience in working with young people would be an advantage. Since the children come from small towns/villages, and most of them have never had contact with a foreign language, volunteers are asked to be flexible, have good communication skills and the patience to listen, interpret and respond. Volunteers must have a good level of English. Please send a short MOTIVATION LETTER!

**NOTE:** Smoking cigarettes and drinking alcohol on the premises, and around children, is not allowed.

**FIYE 607 | PTASZKI | Ptaszki | 2016-07-18 | 2016-07-27 | DISA/MANU | 4 | 18-30 | ML**

**PROJECT :** Association Alzheimer in Siedlce (SSCA) from 1994 deals with the problems of people with Alzheimer disease. In 1999 in small village Ptaszki we founded first in Poland social welfare home for people with Alzheimer disease and other dementia illness. Due to the demand for this kind of service in 2010 second home in place Kukawki was opened. It is located 12 kilometres from Ptaszki. Nowadays we have 50 inhabitants in both houses.

**ACTIVITIES :** Taking care of green areas ( mowing the grass, weeding), maintenance of cleanliness in the buildings (washing the Wheelchairs, rehabilitation beds), help with renovation of the building ( painting the walls), organize leisure time for patients.

**ACCOMMODATION AND FOOD :** Volunteers will sleep in building, in rooms there will be access to sanitary facilities, we provide meals served in main building. Volunteers should bring their own sleeping bags.

**LOCATION :** Our homes are located 30 kilometres from Siedlce, former provincial town. On a daily basis our guests can commune with nature, visit the nature reserve. The nearest one is in the neighborhood of Ptaszki and is called Nature Reserve Klimonty.

**TERMINAL:** the nearest railway station is 7 km from Ptaszki and 12 km from Kukawki in small town Mordy.

**SPECIAL REQUIREMENTS:** Volunteers must be ready to get involved with intellectually disabled people and should have a strong motivation to do so.

**FIYE 608 | NADLESNICTWO | Pultusk | 2016-08-07 | 2016-08-20 | MANU/ENVI | 9 | 18-30**

**PROJECT:** Workcamp is hosted by Pultusk Forestry, organization that maintain and protect public forests in Pultusk region. Volunteers will support their activities on taking care of green areas.

**ACTIVITIES:** The work will be focused on taking care of green areas in the territory of forestry (cutting down bushes and weeds, planting trees, tidying up) and manual activities ( building and painting fence, etc.). This is physically demanding and starts early in the morning. Workcamp for nature lovers who do not mind spending time outside no matter the weather.

**ACCOMMODATION:** The volunteers will live in the forester's lodge – in the forest. All meals will be prepared by volunteers themselves from food products provided by the organizer. Fully equipped kitchen available.

**LOCATION:** Pultusk, situated on the Narew river (65 km from Warsaw), is one of the oldest Polish towns. It is famous for the longest town square in Europe but it also has a castle, gothic town hall and a number of historic churches. Currently it has about 19 thousands inhabitants and offers water sports activities (canoeing, boating) and cycling opportunities. During the summer events such as concerts or happenings are organised.

**TERMINAL:** Warsaw. The nearest international railway station and airport are located in Warsaw.

**LANGUAGE:** English

**FIYE 609** | **FOLKOWISKO** | **2016-07-06** | **2016-07-12** | **FEST** | **6** | **18-30** | **ML**

**PROJECT:** The workcamp is organised by Folkowisko Association. The association's main focus is restoration and promotion of folk culture of Roztocze region (east-central Poland and western Ukraine). They organise various events and actions supporting local communities and promoting its culture and traditions. Once a year, in summer, they organize folk festival dedicated to folk arts and music. Volunteers will have opportunity to help in creation of this event.

**ACTIVITIES/** The volunteers will support organizers with preparation and logistics of the **FOLKOWISKO FOLK FESTIVAL**. During the first days volunteers will help with the preparations - setting up the scene, places for workshops, camping site, decorations and cleaning. Then, during days of the festival (Saturday, Sunday) organizers will need help with workshops for children, in the information office, in the camping site and also during the concerts. One person will be responsible for taking pictures and doing interviews during festival. After the Folkowisko volunteers will help with cleaning. There are a lot of interesting possible tasks and they will vary also on volunteer's skills. Working hours will be flexible and will depend on the events. It is possible that volunteers will work in the evening or early in the morning! Volunteers should be prepared to work hard!

**ACCOMODATION AND FOOD:** Volunteers will sleep in a building in a big common room. Access to sanitary facilities, and kitchen in the main building will be provided. Volunteers should bring their own sleeping bag.

Before and after the festival volunteers will be preparing their meals together with staff and local volunteers from a food products provided by the organizer. During the festival meals will be served in a canteen and food stands. Volunteers with vegetarian, vegan and meat diets are welcome.

**LOCATION AND LEISURE:** Gorajec is a very small village located in the south-eastern part of Poland just 23km from the border with Ukraine . It is surrounded by a beautiful and green area called Eastern Roztocze. It is a perfect place for nature lovers who love hiking and outdoor activities. There are several small, picturesque towns that can be visited.

Folkowisko festival is one of the most interesting festivals dedicated to folk culture in Poland. The place of the festival itself is quite isolated but the host will give volunteers the opportunity to actively participate in concerts, workshops, trips, kayaking , to get to know polish folklore, music and good natural food. Volunteers will be able to experience family atmosphere of the place and to help in real creation of festival.

**TERMINAL:** The nearest international airports and bus/train stations are located in Warsaw, Cracow or Rzeszow. From there volunteers need to take train or bus to Gorajec.

**SPECIAL REQUIREMENTS:** Workcamp for nature lovers who are not afraid of spending one week without media, internet. Please send us motivation letter describing your skills relevant to tasks described above. We are looking for open and creative people who will be able to help in either organizing time and games for children, photography or setting up decorations and are also not afraid of simple manual tasks.