

WORKCAMPS

PILGRIMS TRAIL Heiligkreuz in Lengtal/Binn (VS)

The Volunteers live and work in a natural park known for an extensive network of hiking trails. Heiligkreuz is a pilgrim place with a famous chapel in the nature park Binntal www.landschaftspark-binntal.ch – a paradise for hiking tourists. Back in the 17th century mining has been practiced in this region. Old tunnels, ovens and other buildings have been covered by vegetation. The aim of the project is to give access to this old infrastructure by clearing off. The Volunteers work mainly on a hiking trail. **Requirements:** Volunteers are working outdoors. Skills for physical work are required. The weather in June on more than 1400 m over sea level can be a challenge. Robust and also warm working clothes, good hiking shoes, sun and rain protection is necessary. It's perfect for real nature lovers who want to spend some time in a wild mountain region. **Location:** Heiligkreuz, Lengtal/Binn VS. **Accommodation:** Charming and recently refurbished guest house. The kitchen of the guest house prepares the meals for the volunteers. **Age: 18+! (Access 4 All)**

HOTEL PARK Fontana Passugg in Passugg-Araschgen (GR)

The

house Fontana Passugg on the ground „Riedliswiese“ in Passugg-Araschgen is a hotel for tourists and at the same time a meeting place for people with impaired hearing and their families www.fontana-passugg.ch. The aim of this Workcamp is to clean the surrounding after the winter. Volunteers will prepare the house and the surrounding for the main season. The main tasks of the volunteers are: garden- and forest work, house and kitchen work. **Requirements:** Interest in garden work and a group of people with and without handicap. We want to make steps towards the integration of people with any kind of handicaps into the society and to strengthen the social competences. **Location:** Passugg-Araschgen GR. **Accommodation:** The volunteers will sleep in dormitories in the house Fontana. Common-room, library and internet are accessible. Good food! **Age: 18+! (Access 4 All)**

ALP SUMMER in Alpinum Schatzalp in Davos (GR)

The

hotel Schatzalp protects and maintains the “Alpinum” www.alpinum.ch, a huge botanical garden on the Magic Mountain. An association supports this garden and saves some rare species and this nature for the next generations. In the botanical garden guests can find many rare plants and about 5000 different types of species and cultivars. It's a place for Volunteers who love plants and nature. The two to three weeks long minicamps are for Volunteers who are interested in agricultural and garden work. Volunteers will support the gardener in his daily work. Volunteers will receive a small pocket money. **Requirements:** Interested candidates should be physically fit and autonomous (No Camplender!). The Camp language is English, basic skills in German would be appreciated. A motivation letter is required. **Location:** Schatzalp Davos GR. **Accommodation:** Old staff-rooms. Breakfast, lunch and dinner will be provided from the personal canteen. **Age: 18+!**

VAL BAVONA in Caveragno (TI)

Volunteers

live and work for the foundation „Fondazione Valle Bavona“ www.bavona.ch managing a nature reserve that's under protection since centuries. Particularities of the Bavona valley are so called “hanging gardens” which are situated on large rocks. Also in terraced fields former settlers have been cultivating potatoes and other vegetables to survive in a harsh environment with impressing rocks. Nowadays many of the villages still don't have electricity. They attract tourists having a look at historical buildings made out of stone, hikers and nature lovers. Volunteers are in charge of the maintenance of the park; trim shrubs and the lawn, help to repair stone walls and assist making an inventory of objects in

historical buildings. **Requirements:** Volunteers are working outdoors what can be physically demanding. They should bring along old, robust working clothes, sun and rain protection and hiking shoes. **Location:** Caveragno TI. **Accommodation:** The volunteers will stay in a dormitory in the modern part of an underground shelter in the village with shower and toilet. Meals are served in a restaurant close-by; pick-nick at noon. **Age: 18+! (Access 4 All)**

Frilingue – language holidays for youngsters between spring and autumn in Cudrefin (VD) Estavayer-le-lac and Schwarzsee(FR)

The goal of the group “fRilingue” www.frilingue.ch is to offer teenagers (age: 10 -18 years) language camps. The aim of “fRilingue” is the combination of language courses in the morning with free time activities such as sport, beach, music, dance, theatre and cinema in the afternoons. In these projects the youngsters from the German and French parts of Switzerland will meet each other. The language camps are helping to learn more about the culture and language of the other part of Switzerland. The main work of the volunteers will be the preparation of the daily meals (breakfasts, lunches, dinners). Volunteers will also do housekeeping and cleaning. In the afternoons they will support the youngsters during their free time activities. **Requirements:** An affinity for French! We are looking for mature persons. It would be helpful if volunteers know how to prepare a meal for a bigger group. A short motivation letter is required. **Accommodation:** In the summer camps Volunteers will sleep in tents or dormitories - during autumn and spring camps in dormitories. The Volunteers will eat together with the Youngsters. **Age: 20+!, 18+ for spring and autumn Camps!**

VILLAGE LIFE in Guttet-Feschel (VS)

The Volunteers live and work in small villages situated on the bright side of live. The sunny terraces that surround the villages allow grapes to grow before being processed to white wine. It's a charming landscape www.guttet-feschel.ch. The volunteers will help an association of local musicians to prepare the area for a music festival in 2017, as well as minor ground-shifts in order to provide access to the field, debushing has to be done. It's an outside job. The project is suitable for Volunteers who are interested in craft work. **Requirements:** Volunteers are working outdoors what can be physically demanding. They should bring along robust working clothes, sun and rain protection and hiking shoes. **Location:** Guttet-Feschel VS. **Accommodation:** A dormitory of an extensive underground shelter. It's a modern accommodation containing all facilities (kitchen, showers). Lunch is taken along with communal staff sometimes as a Pick-Nick. Breakfast and dinner will be prepared from the Volunteers. **Age: 18+! (Access 4 All)**

ALP FLIX in Sur (GR)

Through the extensive use of the mountain terrace Alp Flix www.flix.ch since hundreds of years, a unique moor- and cultural landscape with high-level moors, fens, hayfields and alp meadows has been formed. The nature park “Parc Ela” is managing a project in order to rebuild traditional dry stone walls. Alp Flix is moorland that is under national protection. The volunteer-task is to repair and build dry stonewalls. Experts of dry stonewalls will show how it's done. **Requirements:** Volunteers need to be physically strong and have a certain skill for manual work. Very good shoes required! **Location:** Sur GR, Parc Ela. **Accommodation:** Holiday house Tga Zia in the village Sur with dormitories and modern comfort. Volunteers have to prepare their meals themselves. **Age: 18+!**

PERMA OASIS in the guest house „Im Sonnenbühl“ in Zurich (ZH)

Above the city of Zurich, situated on top of the house mountain “Uetliberg”, the guesthouse and seminar centre www.imsonnenbuehl.com is located. The owner of the property has a vision to welcome

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different people and offer events to bring people together. The aim of this Workcamp is to design a part of the big surrounding of the guest house with the methods of permaculture into a sustainable garden that fits into the landscape and the buildings. **Requirements:** Volunteers with garden work experiences, who love to work outside. A professional gardener will instruct the Volunteers. **Location:** Uetliberg, „Im Sonnenbühl“, Zurich (ZH). **Accommodation:** Volunteers will sleep in a very comfortable guesthouse. They will have their own kitchen to prepare the meals, a bath and toilet and a cosy living room. There is a big outside area with swimming pool, fire place and green area where Volunteers can relax after a working day. **Age:** 18+!

MUNT LA REITA in Cimalmotto (TI)

Volunteers live and work on an organic farm producing cheese at the end of the valley Maggia www.muntlareita.ch. Due to a generational change the farm is moving towards permaculture. Volunteers help to build stone walls as well as in the vegetable and fruit production. Work may consist of planting the plants as it's done in permaculture practice. Depending on the weather and the needs the work will get adopted. **Requirements:** Respect the community's sensibility regarding a sustainable life style. Volunteers are working outdoors. They should bring along warm, robust working clothes, sun and rain protection and hiking shoes. Smoking is restricted. **Location:** Munt la Reita, Cimalmotto (TI). **Accommodation:** The volunteers will stay in a modern dormitory which is used by holiday-guests as well. Toilets and showers are nearby. In a common kitchen where volunteers will eat together with the rest of the staff, organic products are the basis for tasty meals. **Age:** 18+! **(Access 4 All)**

LONG-TERM POSITIONS

TOP OF ZURICH in the guest house „Im Sonnenbühl“ in Zurich (ZH)

Above the city of Zurich, situated on top of the house mountain "Uetliberg", the guesthouse and seminar centre www.imsonnenbuehl.com is located. In this location there are also offered Yoga, Massage or healing arts. The aim of this middle term position is to help out in the guest house during the summer season. This will include housekeeping, cleaning of the guest rooms and toilets, reception work, garden work, taking care of the swimming pool and different other tasks. Volunteers will get a small pocket money. **Requirements:** Volunteers who are willing to help with different tasks, who are open minded and independent with manual skills or who know how to use a computer. The land lady has a small shop where she is selling artificial handmade and sewed products. You are requested to send a short motivation letter with a picture. **Location:** Uetliberg, „Im Sonnenbühl“, Zurich (ZH). **Accommodation:** There are two small rooms in the house of the land lady where Volunteers can sleep. The other option for nature lovers is to sleep outside in the beautiful garden area of the guesthouse in a comfortable tent. Volunteers will help with cooking. **Age:** 18+!

VISION B on the biofarm Birchhof in Oberwil-Lieli (AG)

The Volunteers live and work on an organic farm Birchhof www.visionbirchhof.ch cultivating vegetables. The main particularity of the farm is its Demeter philosophy. The farm can be seen as an agricultural hub, hosting projects like community-supported agriculture (CSA) and permaculture. Apart from long term trainees, the staff consists of permanent gardeners that work in an A4A context. Volunteers are in charge of general garden work. The Volunteers will receive a small pocket money. **Requirements:** Applicants should be very interested in gardening work and agriculture. They should bring along old, robust working clothes, sun and rain protection and working shoes. A motivation letter is required.

Location: Birchhof, Oberwil-Lieli (AG). **Accommodation:** The volunteers will stay in a caravan. It's a simple accommodation with shared toilets and showers. Nearby there is a communal room equipped with a kitchen. Lunch will be prepared in the community kitchen where volunteers will eat together with staff and collaborators. The Volunteers will also help with cooking. **Age: 18+! (Access 4 All)**

ECODOUBS in Epiquerez(JU)

The farming communities in Essertfallon and Froidevaux are forming an ecological village in the heart of the Clos du Doubs www.ecodoubs.ch. Here you can find herds of sheep and cows living in harmony with nature. The Volunteers live in the intercultural community in Essertfallon. At the time there are several projects running: building a straw ball house, which is going to be used as a seminar- and training space; designing the surroundings according to the criteria of permaculture; creating a bakery to allow intergenerational intercultural exchange and an educational workshop for children with focus on culinary particularities and healthy eating. On a daily basis, every volunteer will have a special task to fulfil. According to the abilities, volunteers are contributing to the communal household with general maintenance tasks, offer child care, work on the construction site or help out in the garden.

Requirements: Here you can experience sustainability and a good piece of „back to nature“. A motivation letter is required. **Location:** Ferme Essertfallon, Epiquerez (JU) **Accommodation:** The volunteers have their own space in the main building. Toilets and showers are nearby. The communal room is equipped with a kitchen, where volunteers cook for themselves in the evening. The community will prepare the breakfast and lunch together. **Age: 18+! (Access 4 All)**