

## AYA - Russie : STV/MTV 2016

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AYA Volunteer is a Russian non-profit and non-governmental organization with its activities based on the principles of voluntariness, equal rights of members of the organization, self-governance, legality, transparency. We organize international volunteer projects in Russia focused on environmental education and active citizenship. We also promote the idea of volunteering and ecological responsible traveling among Russian youth.

| Code/Name  | Location Name                  |                      | Dates       | Type       | No. of vols | extra fee |
|------------|--------------------------------|----------------------|-------------|------------|-------------|-----------|
| <b>STV</b> |                                |                      |             |            |             |           |
| AYA 1      | Smolensk region                | LAKELAND. DREAMLAND  | 04/06-13/07 | ENVI, CONS | 8           |           |
| AYA 2      | Arkhangelsk region             | KENOZERO HERITAGE    | 19/06-31/06 | CONS, ENVI | 8           |           |
| AYA 3      | Vladivostok,<br>Reineke island | DREAM ISLAND         | 10/08-28/08 | ENVI       | 6           |           |
| AYA 4      | tbc by April 15th              | KEEP IT CLEAN        | 01/07-10/07 | ENVI       | 8           |           |
| AYA 5      | tbc by April 15th              | MAKE A GRANNY SMILE  | 01/08-14/08 | ELDE, SOCI | 8           |           |
| <b>MTV</b> |                                |                      |             |            |             |           |
| AYA MTV 01 | Moscow                         | MOSCOW, SPEAK UP I   | June        | ENVI, SOCI | 1           |           |
| AYA MTV 02 | Moscow                         | MOSCOW, SPEAK UP II  | July        | ENVI, SOCI | 1           |           |
| AYA MTV 03 | Vladivostok                    | VLADIVOSTOK SPEAK UP | July        | ENVI, SOCI | 1           |           |

### INVITATION LETTER AND VISA TO RUSSIA

After your volunteer has been confirmed please:

1. Send us a scan copy of his/her passport.

For non-EU residents it takes much more time for us to issue the invitation letter (at least one month).



2. Contact Russian embassy in your country and ask whether volunteers can apply with a scanned copy of invitation or if they ask for the original letter. The type of visa is Humanitarian or International Cultural Exchange 007.

## SHORT TERM (STV)

### LAKELAND. DREAMLAND

AYA 1      Smolensk region      04/06-13/06      ENVI, CONS  
8 (18+)

The project is organised in the National park "Smolensk Lakeland". Numerous picturesque lakes (35) gave the park its name. Since 2002 this area has been included into the World Network of Biosphere Reserves within the framework of UNESCO Program on Man and Biosphere (MAB). "Smolensk Lakeland" is a member of the European Association of National and Nature Parks (EUROPARK). Since 1999 it is in the List of Key Ornithological Territories of International Importance. <http://www.poozerie.ru/en/home/>

Work. Helping the staff of the park in setting up wooden board along the ecotrail, installation of wooden banners with information about the park.

Accommodation and food. Guesthouse building. 3-4 people in a room. Showers and sauna. Camp cook will provide meals 3 times a day. Volunteers will help with the dishes.

Location & leisure. The camp will be based 120 km from Smolensk on the territory of National park.

There are different types of activities for free time, such as hiking, water canoeing, fishing, there is also a bike rental.

Requirements. Please bring working clothes, mosquito repellents, swimming suit, warm clothes, and clothes for sunny days.

Meeting point. Moscow, 5th of June. Then we will take a night train to Smolensk (6 hours 30 min).

Camp address. Smolensk region, Baklanovo

### KENOZERO HERITAGE

AYA 2      Arkhangelsk region      19/06-01/07      CONS, ENVI  
8 (18+)

National park Kenozero is strictly protected area which represents the model of historical human habitat, the place that managed to preserve the centuries-old history and culture of the Russian North. The high level of the conservation of the cultural landscapes and their valuable elements make the national park Kenozero the unique region with no analogues in Russia or worldwide.

Yet, the thing that makes Kenozero National Park singular is its living culture and the epical heritage of Russia. There are about 100 monuments of cultic and civil architecture in Kenozero, big and small villages with friendly people, ancient monasteries located in remote woodlands, numerous holy forests. In 2004, Kenozero National Park joined the Global Network of UNESCO Biospheric Nature Reserves.

For several years the park has been hosting volunteer projects.

Work. Participants will assist residents Kenozerye in the construction and improvement of the fairgrounds in the village Vershinino. With the assistance of architects and designers they will built indoor scene and shopping arcades, toilet, install trash cans, playground, install information boards. In addition volunteers will create an art object "Flying Ship" - fairground based on local fairy tales.

Accommodation and food. In typical Russian guest houses with traditional Russian brick oven in village Gory 2km from Vershinino village. Organised meals in the local cafe (volunteers don't need to cook). Different types of Russian banya (sauna). Only mobile Internet.

Location & leisure. Volunteers will be based in the village Gory 3 hours by car of the park from Plesetsk train station. 14 hours by train from Moscow.

Workshops on folk traditions and crafts (birch bark, clay, ceremonial dolls); swimming in lakes (3 lakes around the camp), different types of Russian banya(sauna). Different excursions on the territory of the park.

Requirements. Volunteers should be ready to work with such tools as brush cutters, lopping shears, saw. Vaccination against encephalitis is recommended. Be equipped with a backpack, no roll-on bags.

Meeting point. Moscow on the 19th of June. Then we take a night train to Plesetsk (14 hours, around 30 euro oneway).

Camp address. Vershinino village. Arkhangelsk Region.

## DREAM ISLAND

AYA 3                  Vladivostok                  10/08-28/08 ENVI                  8(18+)

Project is organised for the first time by AYA and local initiative group Dream island. This group is working on conservation Vladivostok islands and all the activities are aimed at the elimination of places of unauthorized waste disposal, popularization of recycling, as well as raising environmental awareness and increasing the participation of local people, tourists, businesses and administration in preservation of the beauty of Vladivostok islands. Camps for Russian volunteers have been organised already for 2 years. This year international volunteers will take part in this project. <https://vk.com/primostrov>

Work. Volunteers will be in charge of cleaning up the areas on the Reyneke island from garbage, and loading bags to the ferry for recycling in Vladivostok. As well as inviting locals and tourists for common actions and spreading information about recycling.

Accommodation and food. Volunteers will stay in tents on the island by the sea. Built up showers and toilets. Food will be organised but volunteers will help at the camp kitchen.

Location & leisure. Vladivostok city. Reyneke island. Hiking around the island. Swimming, enjoying the beauty of the Far East of Russia.

Requirements. Bring your sleeping bag and a tent if possible. If you don't have a tent, we will organise it.

Meeting point. Vladivostok

Camp address. Vladivostok, Reyneke island

## MIDDLE TERM (MTV)

## MOSCOW, SPEAK UP I, II

|            |        |      |            |        |
|------------|--------|------|------------|--------|
| AYA MTV 01 | Moscow | June | ENVI, SOCI | 1(24+) |
| AYA MTV 02 | Moscow | July | ENVI, SOCI | 1(24+) |

Project is organised with AYA Moscow partner – Ziferblat.

Ziferblat is a place where everyone can feel at home. Here you are free to be yourself; you can work, make art, read a book, play the piano, get acquainted with good people, attend events, drink as much tea or coffee as you want — in other words, do whatever you like as long as you respect the space and the other people in it. Ziferblat's doors are open to everyone. Each Ziferblat guest becomes a micro-tenant of the space, responsible for it and able to influence its life. You will be welcomed by the Ziferblat community and able to work with them to help create, support, and develop this project.

Everything is free inside for visitors except the time you spend there; and by paying for the time, you'll be making a donation towards the further development of this social experiment.

Ziferblat has several places like this in Moscow. <http://ziferblat.net/en/>

Work. A volunteers will be in charge of organising 1-1,5 hour long speak up events in English or in his own language on different environmental, social topics.

Accommodation and food. Volunteers will stay in a host family. Food and pocket money are not provided.

Location. Moscow city.

Requirements. Be over 24 years old, have experience with volunteer workcamps, be active, initiative, be able to work independently, be eager to take part in AYA activities or camps during the stay. Please send an application and motivation letter.

## VLADIVOSTOK SPEAK UP

AYA MTV 03      Vladivostok      July      ENVI, SOCI      1(24+)

Project is organised with Arseniev State Museum of Primorsky region. Apart from exhibitions museum has different activities for tourist, locals. This year museum want to make a platform for youngsters, where they could come and speak up, learn about social, environmental issues in other countries, meet each other, maybe come up with local actions to improve their living and the city.

Museum has 4 differnt buildings – 4 museums with different topics. They are located in different parts of the center of Vladivostok.

<http://arseniev.org/>

Work. A volunteers will be in charge of organising 1-1,5 hour long speak up events in English or in his own language on different environmental, social topics.

Accommodation and food. Volunteer will stay in a dorm room in a hostel. Food and pocket money are not provided.

Location. Vladivostok city.

Requirements. Be over 24 years old, have experience with volunteer workcamps, be active, initiave, be able to work independently, be eager to take part in AYA activities or camps during the stay. Please send an application and motivation letter.

**Envie d'aller faire du volontariat en Russie? Contactez le SVI :**

**[info@servicevolontaire.org](mailto:info@servicevolontaire.org) ou visitez notre site : [www.servicevolontaire.org](http://www.servicevolontaire.org) !**