

**TUNARICA**  
ISTRIA-CROATIA



**INTERNATIONAL YOUTH SUMMER CAMP**

## WHAT IS IT ABOUT?

International youth summer camp Tunarica 2017 is a camp for young people in the natural campsite as an opportunity for personal development and educational experience. It is an environment from which young people can learn and raise awareness on volunteering and its benefits,

notice the importance on the protecting of the nature environment, development of worldwide awareness and positive attitudes in terms of increased intercultural understanding and active participation. It gives space for exploring, using and increasing personal experience and knowledge, mutual understanding, tolerance, team building and civil dialogue among youth.



## OBJECTIVES OF OUR CAMP:

- ✚ To engage youth in a diverse range of activities, such as community and environmental action that will support their social inclusion and integration;
- ✚ To provide space for young people to contribute the positive change in another country thus to stimulate active and responsible citizenship;
- ✚ To provide space for the youngsters to gain competences in leadership, communication, team work and organization skills;
- ✚ To develop and implement a variety of non formal educational activities in combination with outdoor activities;
- ✚ To build a complete wooden campsite to be used as summer educational place for youngsters.



This year we are proudly presenting our new camp: BUILDING CAMP! Apply and help us to build a dream camp for youngsters! ☺

# BUILDING CAMP

*Have you ever dreamt about being a champion? Altruistic service to others merits the highest praise. Multicolor days of various voluntary building activities will help you discover the benefits of this unique occupation.*



Volunteers are needed to help the team of local and international youngsters to help with building developments at the campsite which will be later used as summer community education place for young people. As education is key to solving many of the root causes of different problems, the new built summer educational facilities will help to improve the future of other youngsters. Help us to make this happen!



If you like to get your hands dirty and do not mind working hard, then this is the right camp for you. Apart from the hard working, we have also prepared additional fun activities so you can really enjoy and relax during service.

# CAMP PROGRAMME – weekly schedule:

Summer 2017	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day	5 <sup>th</sup> Day	6 <sup>th</sup> Day	7 <sup>th</sup> Day
Morning	Arrival of the participants  Introduction to the camp and surroundings (programme, rules, expectations)	Group meeting – making plan of building for the camp (signs, Team building games)	Building time  Art workshop	Building time  Preparing for creative workshop for children	Sport / Outdoor activities  Painting the furniture	Raft challenge - dividing into groups, explaining the task  Raft challenge – making the raft	Free morning to clean the campsite and pack the things + enjoy on the sea
Afternoon	Free time to relax  Social games night	Building time  Movie night	First aid workshop  Building time  Movie night	Creative workshop for children  Sport / Outdoor activities	Field trip to Labin  Night out – Labin Art Republika	Raft championship  Art workshop  Bonfire night	Departure of the participants

Breakfast: self-service (cornflakes, marmalade, butter, bread, yogurt, fruits...)

Lunch and dinner: served from local restaurant

Drinks: all day water, coffee, tea, soft drinks

## Short explanation of the weekly schedule:

**Introduction of the camp and surroundings** – welcoming the participants and accommodating, showing all the surroundings, explaining the programme and camp rules, group deciding on the exact hour schedule of the programme and free time)

**Social games night** – playing social games (we have on disposal 20 social games)

**Building time** – all participants together with the hosting organization and our volunteers will make the plan for building and then build the whole campsite that later will be used for all the summer activities for young people (we will do signs, tables, benches, chairs, different furniture and things out of pallets necessary for the campsite).





**Team building games** – exciting and fun games to boost the team spirit of the groups

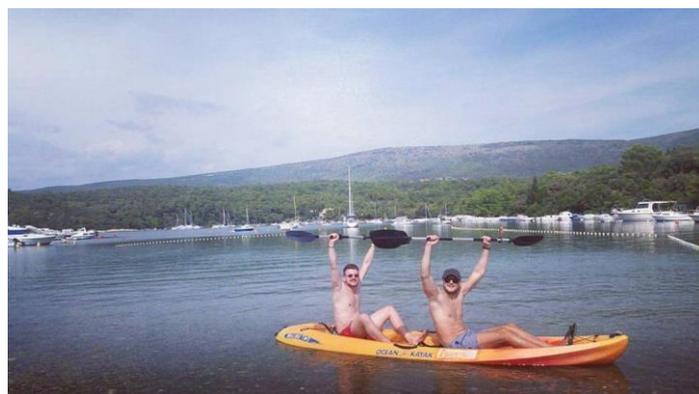
**Art workshops** – different creative workshops for participants where they can learn more about art therapy, origami, recycling



**First aid workshop** – it will be implemented together with the organization Red Cross and participants will have the chance to learn the basics of the first aid



**Sport / outdoor activities** – different activities for participants will be implemented depending on their wishes: volleyball, running, treasure hunting, sea activities as sea games and rescue in the sea



**Movie nights** – it will be organized under the stars, participants will choose what they would like to watch



**Creative workshop for children** – participants will organize and implement creative workshop for children: every idea is welcomed



**Field trip to Labin** – participants will have the chance to visit Labin Old town, town museum which contains an underground coalmine, town gallery and other places of interest





**Labin Art Republika** – an interesting music and art festival, participants will have the opportunity to enjoy in the concert, theatre play, stand up comedy, dj set or else depending on the festival programme



**Raft challenge** – participants will get an task to build their own raft following our instructions and rules





**Bonfire night** – night around the fire place where we will learn how to make some snack on the fire, share games and stories, play some music



Participants will have free time during the day which will be agreed with the hosting organization upon coming. This time they can use for swimming, relaxing, hiking in the forest paths, go to kayaking or else.



# LOCATION

The campsite is located on the Eastern coast of Istria peninsula of Croatia, about 17 km from Labin and about 60 km from Pula airport. This attractive, natural bay, protected from all winds, is more than ideal for International youth summer camps. It amidst unspoilt scenery and deep blue sea, and offers beautiful woodland and rich vegetation, opportunities to relax and its unspoilt tranquility. Being several kilometres from the nearest busy road, the camp's visitors can enjoy unbroken peace and quiet.



We are offering to our participants following facilities:

- ✚ Sleeping area – a place with modern tent accommodation for participants with sleeping bags, blankets and mattresses
- ✚ Activates area – indoor and outdoor places for activities
- ✚ Meals area - a place where all meals are served
- ✚ Fire area – a place for making marshmallows in the fire, playing guitar and sing songs, have a storytelling night or just simple enjoy under the star by gathering around the fire
- ✚ Game area – a place for playing social games, youngsters can choose between 20 social games (Pictionary, Twister, Ubongo, Dixit, Activity, Indigo, Hotel Tycoon, Uno cards, Monopoly....)
- ✚ Sport area – a place for playing sports (youngsters have on their disposal traditional Croatian sport games, as well as ball for playing football, volleyball or handball, badminton and a variety of other sport games like Frisbee, flying discs or even creative activities like juggling and poi spinning)
- ✚ Sea area – a place for swimming, sunbathing or enjoying sea activities (we have several kayaks for participants to use, different articles such as balls, balloons and toys for the sea)



Apart from that we have other facilities on disposal:

- \* Kitchen – a place where our volunteers are preparing food, participants can storage their food and drinks there if needed
- \* Toilets
- \* Showers with hot water
- \* Mini market
- \* Caffe bar for evening entertainment
- \* Bicycle renting
- \* Water sports equipment for renting.



## FOOD AND DRINKS

During their stay participants will have 3 meals per day: breakfast that will be self service, lunch and dinner that will be served from the local restaurant. It offers trying our Istrian cuisine and enjoying in the taste of our delicious food. Considering drinks there are no limits for it and participants can choose between water, coffee, tea or soft drinks all the time.



# WEATHER

Istria is characterized by a special form of the Mediterranean climate in consequence of the Istrian geographical latitude. Istria attracts the tourists from the entire world with its natural characteristics, its rich cultural heritage, its beauty and tradition. On the Istrian coast the sun shine more than 2400 hours per year. Owing to the day's length and plenty of clear days throughout the summer it has the longest isolation with a daily average of 10 hours. Our sunrises and sunsets are like a painting masterpiece.



# PARTICIPANTS

We are welcoming groups up to 25 participants, age 14 – 30. On every 7 participants 1 group leader is recommended. No special skills are necessary for this camp, but please note that this project is quite physical and volunteers should be in good physical condition. Also, they should be motivated, enthusiastic, flexible, and have a passion to work with and for local people. If you have any special construction skills it will be highly appreciated. Participants will be welcomed and hosted by youth association Alfa Albona team members, local and international youngsters who will lead them and help at any time. Before coming, we kindly ask the team leader from each group to have a Skype meeting with us in order to answer all possible questions.

# PARTICIPATION FEE

The fee per participant for each camp is **260,00 EUR**.

This costs are for:

- \* 18,00 EUR per day for food and drinks
- \* 16,00 EUR per day for paying the rent for accommodation and activities areas, tourist tax, using all facilities mentioned
- \* other expenses: trainers and facilitators, materials for the activities, trip to Labin and ticket to enter the museum.

Each group needs to pay the participation fee before coming to the summer camp. Otherwise is not possible to participate. Apart from the participation fee, each participant is responsible for the travel costs.

# HOW TO GET TO THE CAMPSITE?



The easiest way to come to the campsite is from Pula, which can be easily reached by plane. Next step is to come to the campsite Tunarica by bus from Pula to Labin and then by another bus to Tunarica or directly by taking the local taxi from the airport (ask for group discount).

It is important to know that there is a connection with Ryanair planes which has cheap tickets to Croatia and also operates for the airport Pula, you can check out all the routes here:

<https://www.ryanair.com/hr/en/>

In case you are coming from Pula here you can find bus schedules:

\* Pula airport – Pula bus station:



## SHUTTLE BUS - TIME TABLE



Departures / polasci: AIRPORT PULA - PULA (bus station) - VERUDELA - MEDULIN (htl. Arcus)

Polasci	Monday Ponedjeljak			Tuesday Utorak			Wednesday Srijeda			Thursday Četvrtak			Friday Petak		Saturday Subota			Sunday Nedjelja													
AIRPORT PULA	09,55	15,35	21,00	09,25	12,15	14,30	16,15	18,00	10,40	11,35	14,15	19,40	20,25	08,00	12,15	13,45	13,45	17,55	20,20	09,55	17,25	10,00	14,30	20,10	20,35	22,00	08,00	09,35	10,40	11,35	19,30
PULA	10,10	15,40	21,15	09,40	12,30	14,45	16,30	18,15	10,55	11,50	14,30	19,55	20,40	08,15	12,30	14,00	14,00	18,10	20,35	10,10	17,40	10,15	14,45	20,25	20,50	22,15	08,15	09,50	10,55	11,50	19,45
VERUDELA	10,30	16,00	21,35	10,00	12,50	15,05	16,50	18,35	11,15	12,10	14,50	20,15	21,00	08,35	12,50	14,20	14,20	18,30	20,55	10,30	18,00	10,35	15,05	20,45	21,10	20,35	08,35	10,10	11,15	12,10	20,05
MEDULIN	10,45	16,15	21,50	10,15	13,05	15,20	17,05	18,50	11,30	12,25	15,05	20,30	21,15	08,50	13,05	14,35	14,35	18,45	21,10	10,45	18,15	10,50	15,20	21,00	21,25	20,50	08,50	10,25	11,30	12,25	20,20

Linija prometuje / bus lines runs :

Monday Ponedjeljak	Tuesday Utorak	Wednesday Srijeda	Thursday Četvrtak	Friday Petak	Saturday Subota	Sunday Nedjelja
30.03. - 19.10.2015	23.06. - 20.10.2015	01.04. - 21.10.2015	02.07. - 09.08.2015	01.04. - 19.10.2015	30.05. - 26.09.2015	03.05. - 18.10.2015
03.08. - 31.08.2015	30.06. - 08.09.2015	01.07. - 02.09.2015	02.07. - 10.09.2015	07.08. - 28.08.2015	31.03. - 24.10.2015	24.05. - 18.10.2015
22.06. - 10.08.2015	31.03. - 24.10.2015	01.07. - 26.08.2015	30.04. - 28.05.2015		02.05. - 24.10.2015	29.03. - 21.10.2015
	21.07. - 25.08.2015	03.06. - 29.07.2015	13.08. - 15.10.2015		27.06. - 15.08.2015	24.05. - 27.09.2015
	01.08. - 29.08.2015	24.06. - 12.08.2015	09.07. - 27.08.2015		23.05. - 10.10.2015	03.06. - 29.07.2015
			25.06. - 13.08.2015			

\* Pula bus station – Labin bus station

<http://voznired.akz.hr/voznired.aspx?lang=en>

Additionally, there is a taxi van that can pick you up and drive you from Pula to the campsite Tunarica and it's a cheaper and faster option than the bus, if you choose this option we would be happy to organize it for you – just let us know on time.

Here is also the link through which you can find accommodation in Pula and surroundings in case of coming earlier or staying in our region after the camp:

\* hostels <http://www.hostelworld.com/>

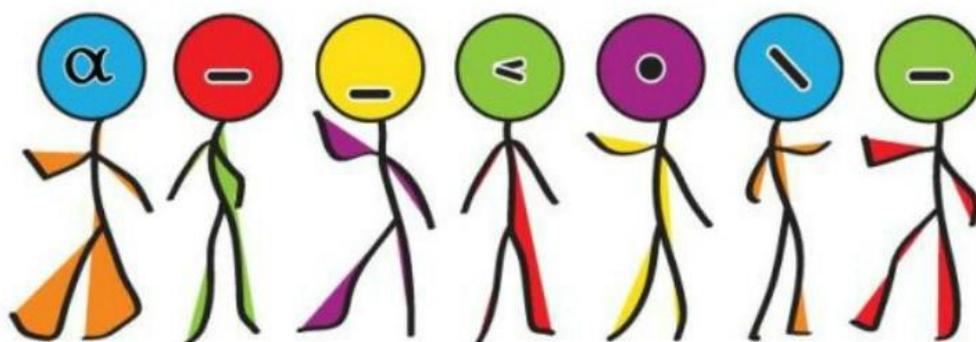
\* camps <http://www.camping.hr/croatian-campsites/istria-camps>

In case you need any help feel free to ask, we are here to help.



# ABOUT OUR ASSOCIATION

Youth association Alfa Albona was established in January 2011 with a purpose to promote interests and activities for youth by encouraging the development of their creativity, supporting them with acquisition of additional skills and knowledge, expanding volunteerism, solidarity and communication among young people. In order to accomplish these objectives the association organizes various workshops, activities, initiatives, lectures and public discussions regarding young people and also provides them with information and advisory service to help youth in finding their first job. Our main fields of the work are: youth information, mobility of young people and social entrepreneurship. We are really proud on all opportunities that we are providing to youngsters and that we have a high number of local and international volunteers that are helping us to make all our activities possible.



Udruga za mlade **Alfa Albona**





Have a nice journey – we are looking forward to host you and provide you an amazing time with us.



Sunset in Tunarica